

ADULT RELIGIOUS EDUCATION
THE UNITARIAN UNIVERSALISTS OF STERLING
FOR THE CHURCH YEAR 2009-2010

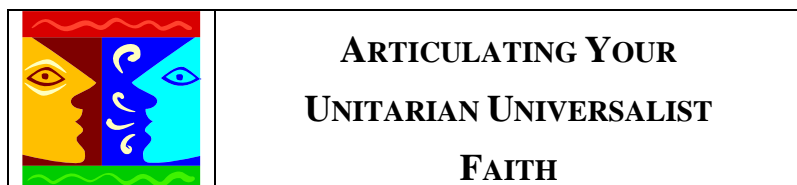


Adult Religious Education at UUSterling is an excellent way to deepen your faith journey while developing connections with others in our community and beyond. The flat fee for one class, regardless of the number of sessions, is \$20.00, which can be waived upon request. All classes are held at UUSterling. Everyone, from within and outside of our community, is welcome. Class sizes will vary and will top off at 20. Please note that some classes are for adults only and others are suitable for both adults and youth.

To register, contact our administrator at administrator@uusterling.org or call 703-406-3068. If you have questions, feel welcome to contact Rev. Anya at minister@uusterling.org or 703-406-3068 (ex.2).

Childcare: If you would like childcare to be made available, please make an explicit request when you register.

Our classes are designed to address these topics, which our Lifespan Faith Development Council deems important for faith development: Creativity, Current Events, Justice, Multigenerational Inclusion, Newcomer Needs, Biblical Studies, Spiritual Deepening, Unitarian Universalist History and Values, and World Religions.



Leader: Rev. Anya

Number of Sessions: 5

Days and Dates: First and third Mondays: September 21, 2009; October 5 and 19, 2009; November 2 and 16, 2009.

Time: 7:00 p.m. to 9:00 p.m.

Open to: Youth, Adults

Many of us struggle to articulate what Unitarian Universalism is and why we choose to be Unitarian Universalists. Whether we are newcomers or long-time UU's, we may balk when asked by friends or co-workers, "If you don't have a creed, is Unitarian Universalism really a religion?" This course, developed by Barbara and Jaco Wells Ten Hove, helps participants develop and deepen their capacity to speak about our life-changing faith.

Categories: Newcomer Needs, UU History and Values



**SOUL WORK – AN EXPLORATION
OF RACE, THEOLOGY, AND
JUSTICE**

Leader: Rev. Anya

Number of Sessions: 6

Days and Dates: Second and fourth Wednesdays: January 13 and 27, 2010; February 10 and 24, 2010; March 10 and 24, 2010.

Time: 7:00 p.m. to 9:00 p.m.

Open to: Youth, Adults

This course is based on the groundbreaking collection of essays, *Soul Work – Anti-racist Theologies in Dialogue*, edited by Marjorie Bowens Wheatley, which addresses such questions as: “What theological or philosophical beliefs bind us together in our shared struggle against racism?” and “What are the costs of racism, both for the oppressors and the oppressed?”

Categories: Justice, Spiritual Deepening, UU History and Values



**BUILDING YOUR OWN
THEOLOGY I**

Leader: Rev. Anya

Number of Sessions: 7

Days and Dates: First, third, and fifth Mondays: February 1 and 15, 2010; March 1, 15, and 29, 2010; April 5 and 19, 2010.

Time: 7:00 p.m. to 9:00 p.m.

Open to: Adults

Based on the assumption that everyone is his or her own theologian, this classic UU adult education program developed by Richard Gilbert invites participants to develop their own personal credos, or belief statements.

Categories: Newcomer Needs, Spiritual Deepening, UU History and Values



CONTEMPORARY BIBLICAL STUDY

Leader: Rev. Anya

Number of Sessions: 6

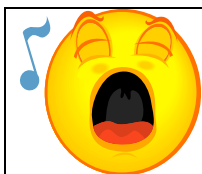
Days and Dates: Sundays: April 11, 18, and 25, 2010; May 16 and 23, 2010; June 6, 2010.

Time: 12 o'clock noon to 2:00 p.m.

Open to: Adults

Our study will be based on the book *A Wind Swept Over the Waters - Reflections on 60 Favorite Bible Passages* by John Nichols. Whether you have given many hours to studying the bible or none whatsoever, this text promises to inspire and invite enlivened discussion.

Categories: Biblical Studies, Current Events



SINGING WORKSHOP

Leader: Kris Adams

Number of Sessions: 6

Days and Dates: First and third Tuesdays: January 5 and 19, 2010; February 2 and 16, 2010; March 2 and 16, 2010.

Times: To be determined

Open to: Youth, Adults

Do you mouth the words to our hymns? Do you love singing – but only if no one else is listening? Were you told as a child that you did not have a good voice? Do you want to join the choir but don't feel ready? Do you want to find joy in singing? If you answered **yes** or even **maybe** to one or more of these questions this experiential class is for you! We will have fun while we empower one another to raise our voices in song.

Categories: Creativity, Spiritual Deepening