

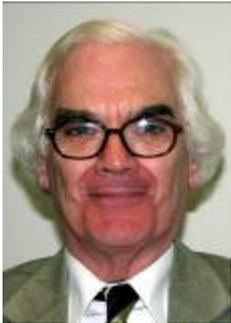


# What's with UUS

Newsletter of the Unitarian Universalists of Sterling  
A Welcoming Congregation  
Sterling, Virginia



## Minister's Message



It seems that there is hardly a pause between

Thanksgiving Day and Christmas/Hanukah/Kwanza, but even as one gets older, it's a good time of year - maybe the best - if we can retain the

right spirit in the middle of all the vulgarities of commercialism. We bear in mind that whether it is Christmas, Hanukah, or Kwanza, with all their different emphasis, the real time is really what it always was: the celebration of the winter solstice with the coming of the New Year and the gradual lengthening of the short winter days. Really, New Years is the archetypal core of it all, whatever the religious interpretation. It's a time for new beginnings!

Someone wrote, "It is not given man to begin, but to begin again." But it's sometimes so hard to think or talk of new beginnings when so much - the good and the bad, the pain and the joy - lingers from the past. Blaise Pascal, the French philosopher, wrote that we never really live in the present, but rather in the past or the future that do not belong to us! Put more crudely, "jam yesterday, jam tomorrow, but never jam today." Let's, therefore, live this coming New Year in the spirit of what one theologian called "The Eternal Present" - a difficult, but I think, liberating message.

So, "Look to this day, it is the very day of days, the very life of life. In its brief course lie all the verities and realities of your existence, the bliss of growth, the glory of action, the splendor of beauty... Look well, therefore, to this day."

Happy Holidays

Reverend Matthew

## Worship Calendar

**December 3 "Take a Deep Breath, Christmas et al Are Coming"** (Rev. Matthew) To say the least, December, and Christmas especially, is a moody time of year. We never quite know what to make of our own silent hopes and expectations, of the excitements and sometimes sadnesses that the bells, trees, music, and celebration bring. My best yearly advice is to be prepared, especially if you have kids. I'll try to offer advice that I have found in facing - and enjoying - the Season!

**December 10 Social Action Sunday**  
Does UUS Make a Difference? Several members of our congregation will share their motivations and experiences helping in the community. We can all take a moment to reflect on accomplishments, both personal and communal, and evaluate future directions.

**December 17 "The Festive Season"** (Rev. Matthew) I grew up with a curious blend of English Christmas and Scottish New Year with its pagan ceremonies. Christmas was an English import - one of the more dubious gifts of the Act of Union as far as Calvinist Scotland was concerned. True Scots didn't celebrate Christmas at all, any more than the old Puritans of New England! Nothing too serious here, but an opportunity for clarifying just what the season is about!

**December 24 (Christmas Eve Service)**  
We will celebrate Christmas Eve with a Family Service at 5:30 pm. (There will be no morning service.) Three stories will be presented by a host of participants, each with a message for the Christmas season. This will be combined with music and carols. **Please bring your favorite holiday finger food for a celebration after the service.**

**December 31 "The Magic of Harry Potter"** (Rev. Amy DeBeck) Rev.

Amy's "traditional" celebration of the New Year will be followed by a Harry Potter Party later in the afternoon at the UU Loudoun church, and all UUS is invited. Watch for announcements.

**January 7 "It's Not Given Man to Begin, But to Begin Again"** (Rev. Matthew) So wrote the thoughtful Jewish thinker, Elie Wiesel, who survived the concentration camps of Hitler's Third Reich. There's a profound religious truth here about the desirability - and necessity - of new beginnings. An appropriate topic as we think of who we are and where we are headed as a New Year breaks upon us.

**January 14 "Beyond Fear, Beyond Colorblindness: A UU Theological Grounding for Anti-Racism."** (Rev. Melora Lynngood) We Unitarian Universalists are deeply committed to justice work in all forms - including anti-racism. But why do we do it? Do we have a deeper answer than "it seems like the right thing to do"? How is our anti-racism work grounded in our theology and spirituality? How does our theology both call us to this cause and sustain us in the effort? How does it challenge us - still a predominantly, though not entirely, white denomination - to deal with the hard and uncomfortable parts of anti-racism work? In this service, we will take a look at how some shared elements in our various Unitarian Universalist theologies might serve as a grounding for both the why and the how of our anti-racism work.

**January 21 "A Rough Political Year"** (Rev. Matthew) Last year, with an increasingly difficult situation in Iraq, with moral and financial scandals revealed in Congress, and the mingled excitement and dread of what the elections would bring (whatever your party preference) a new Congress convenes this month with a new Democratic majority. Let's look ahead

## Sustainable Alternatives

### *How to Clean Without Poisoning the Figgy Pudding*

Most claims that a floor is "clean enough to eat off of" are simply not true, no matter how much scrubbing has been done. That's because most commercial cleaners are chock full of chemicals that should not be ingested. They shouldn't even be touched very much! Sometimes it seems as if people think that only a toxic substance can do a good job of cleaning, but laboratory testing does not support that assumption. So, if we don't need poisons to clean our homes, why use poisons to clean our homes?

Poison doesn't stop poisoning once the toxic cleaner dries. The most significant off-gassing of toxic compounds occurs during use, but the chemicals continue to off-gas even after they are dry. Health effects of exposure include respiratory and circulatory difficulties, eczema, and even delirium or coma if the person is sensitive or has high exposure. Many ingredients are carcinogenic, and these ingredients may not be listed if the formula is considered a trade secret.

Poison doesn't stop poisoning once it goes down the drain. Surfactants used in most commercial cleaning agents, including laundry detergents, are toxic for fish. Phosphates cause algal bloom and subsequent depletion of dissolved oxygen in waterways. EDTA is a chelating agent that mobilizes metals such as lead. One of the most common antimicrobials, it is extremely toxic to fish.

It has gotten much easier to find non-toxic alternatives for household cleaning. Some of the healthier alternatives for both you and the rest of living earth can be purchased in most stores: Seventh Generation, BioKleen, CitraSolv, and others. I was extremely impressed with BioKleen's soy-based soft scrub, which works better than the old poisonous stuff I used before. There are also plenty of homemade alternatives, and the following website probably has more of them than I will ever use: [www.care2.com/channels/lifestyle/home](http://www.care2.com/channels/lifestyle/home)

## UU Cruise

### Support Social Action

Join the fun with other UUs as we set sail to raise funds for affordable housing. Sign up today for a Royal Caribbean cruise to New England and eastern Canada for a spectacular fall voyage departing September 21, 2007. A portion of your vacation dollar will be shared by UU Affordable Housing Corporation (UUAHC) and UUs for Social Justice to help improve the lives of low and moderate-income families and individuals in the Washington-Baltimore metropolitan area.

Royal Caribbean has extended the final reservation deadline to November 24. For more information, call UU cruise specialist Susan Randolph at 703-757-2220 or visit

<http://www.uuahcfundraisingcruise.com>.

Another way to support UUAHC: please designate #7750 on your Combined Federal Campaign form.



*For more information, please contact Terri Glass.*

#### **Additional resources:**

[www.epa.gov/epp/pubs/products/cleaner.htm](http://www.epa.gov/epp/pubs/products/cleaner.htm)

[www.cbc.ca/consumers/market/files/home/cleaners/index.html](http://www.cbc.ca/consumers/market/files/home/cleaners/index.html)

[www.co.boulder.co.us/health/envir/p2/householdToxics.htm](http://www.co.boulder.co.us/health/envir/p2/householdToxics.htm)

<http://eerc.ra.utk.edu/clean/pdfs/HouseholdCleaners-wofigsandapps.pdf>

## UUS Auction a Huge Success!

We would like to extend a big thank-you to Nancy McCormick! Her tireless work and creativity made this year's auction a fun-filled and profitable evening. And Susan Miller's auctioneering was par none. Due to the enthusiastic bidding, the church grossed a total of \$8,861.

And there is more good news! There are still have some items available for purchase, and some space remains in several of the Social Events and Services.

Here is a partial list of events that are still available for purchase.

- Bonfire Party at the Schers, \$20 per family, unlimited space
- Progressive Cookout with Judy Gruner, Susan Miller, and Dave Miller, \$25 per person, 1 space remains
- Bridge and Chili Dinner with Judy Gruner, Mary Matheny, and Al Swett, \$30 per person, 3 spaces remain
- African Lamb Roast with Gus and Clarice Douoguih, \$70 per person, 10 spaces remain
- 7 Deadly Sins Dinner with Bonnie Lepoff and Bob Cover, \$20 per person, 1 space remains
- Wine Tasting Party with Dorine Scher, \$20 per person, 9 spaces remain
- Yoga Lessons with Dave Scher, \$50 per hour, 4 hours left

If any of these wonderful events tickle your fancy, please contact Nancy at [nbmuus@cox.net](mailto:nbmuus@cox.net). She will be glad to add them to your bill.

*(Worship Calendar, Continued from page 1)*  
with hope - and hopes for a more united, less bitter political scene

**January 28** Rev. Amy DeBeck will be in the pulpit.

# Religious Exploration

In the midst of the holiday season, it is the perfect time to discuss the elementary class' Religious Exploration (RE) topic – Holidays and Holy Days. Ask the children about the holidays they have discovered in the class. How are they similar to and different from their families' holidays? What would it be like if all holidays in the world were celebrated in exactly the same way? There is much for all of us to learn from world religions and the celebrations of other faith communities.

One tradition common to many world holidays is thinking of others and giving. UUS has its own traditions of giving, and this time of year provides many opportunities. The first RE-sponsored

social action activity of the church year was Trick-or-Treat for UNICEF. The children participated in the program and donated \$87.57 to help children around the world.

UUS is also taking part in Guest at Your Table, a Unitarian Universalist Service Committee (UUSC) program. Help UUSC raise funds to advance human rights and promote social justice by putting a Guest at Your Table box on your dining table and adding some money at each meal throughout the holiday season. Please write a check payable to UUSC for the amount of your donation and return it to church by January 7.

The congregation helps the local community through the annual Mitten Tree program. This year, coats and new mittens, gloves, scarves, and hats will go to Sterling Elementary School, Seneca

Ridge Middle School, and Dominion High School. Many students in this area come to school without adequate outerwear for the cold weather. The schools appreciate having the means to provide for these children. Please bring the items to church through December. The donations will be delivered after the winter break.

In the hustle and bustle of preparing for and celebrating the many holidays of the season, take time to think about and discuss the meaning of these holidays. Think about the lives and experiences of other people and take advantage of the programs at UUS to share with others in our community and around the world.

## Religious Exploration Schedule

DATE	HOLIDAY	LEADER	ASSISTANT	NURSERY
Dec. 3	Henry Bergh Day	Rothman	George	Lum
Dec. 10	St. Lucia's Day	Scher	Chandler	James
Dec. 17	Hanukkah	Connors	Rothman	Reeder
Dec. 24	Christmas Eve (5:30 pm)	No RE	No RE	James
Dec. 31	New Year	Weaver	Dick	<b>Need Help *</b>
Jan. 7	Huichol Indian Day	Scher	George	James
Jan. 14	MLK Jr. Day	Glass	Confoy	Lum
Jan. 21	Susan B. Anthony Day	Connors	Chandler	James
Jan. 28	Chinese New Year	Rothman	Ward	Lum
Feb. 4	Chinese Dragon Celebration	Rothman	George	James
Feb. 11	Youth Service / Valentines for Vets	Connors	Confoy	<b>Need Help *</b>
Feb. 18	Mardi Gras	Scher	Chandler	James
Feb. 25	Powamu	Connors	Ward	<b>Need Help *</b>

\*Please contact Linda Weaver if you can assist on any of the dates where help is still needed.

## Three Events in Hawaii

Science has made great strides in its study of religion and its findings are having significant impact on philosophical and theological thought as well as our culture at large. Three events are being held in Hawaii January 3-7, 2007 at the lovely Makaha Resort on the island of Oahu that will present and discuss these scientific studies and their impact, and consider humanity's future evolutionary course from several perspectives. Michael Dowd, "the Great Storyteller," who has spoken here at UUS, will be participating in these events, each of which is described in detail at the end of this invitation and on the designated websites.

Here is a short synopsis of the three events:

1) January 3-9: The International Evolution of Religion Conference ([www.evolutionofreligion.org](http://www.evolutionofreligion.org)).

Is religion a mere byproduct of other evolutionary developments or the key to ever larger-scale cooperation? The top experts on the scientific study of religion have differing theories about the nature of religion, and many of them from around the world will be participating in this conference, championing their theory, and shaping the future of the field. Adding intensity to the debates, philosophers and theologians will present diverse perspectives on the implications of this groundbreaking scientific research for the future of religion.

2) January 10: Three co-chaired workshops hosted by the Orion Institute ([www.orioninstitute.org](http://www.orioninstitute.org)).

In the morning, Carlton Coon and Russ Genet will be Looking Forward at the future of religion and humanism. The afternoon will then be shared by Gary Gardner and Dwight Collins exploring Religion and Sustainable Development, and Michael Dowd, Spencer Burke, and Barry Taylor asking "Can Religion Itself Be Saved?" as they consider the evolving church.

3) January 10-15: The Orion Institute presents an Orion Adventure Course ([www.orioninstitute.org](http://www.orioninstitute.org))

## Roving Reporter By Susan Rose

It is time for winter snow predictions! What month will get the most snow? How much?

**Holly (8)** January or December, two or three inches tops!

**Joanna (8)** It could be 30 inches soon!

**Tim (4)** A lot of snow this year!

**Alyssa (7)** I think December, three inches!

**Maddie (6)** January, three feet!



Science and the Human Spirit: Exploring Our Maps of Reality begins on Wednesday evening after the workshops, with a keynote address by Michael Dowd entitled "Thank God for Evolution!" It will continue Thursday with talks by Russ Genet (Humanity, the Science Story) and Barbara Marx Hubbard (Evolutionary Spirituality), followed by four additional days of exploring the many perspectives on science and belief.

Please consider attending these events for an informative and pleasant Hawaiian vacation! The Makaha Resort is a charming and peaceful getaway spot with many amenities, including a world-class golf course. (See their website at [www.makaharesort.net](http://www.makaharesort.net).) Event information and registration instructions can be found on the designated websites. If you have any questions, please feel free to contact organizer Linda Genet at [orionprojects@msn.com](mailto:orionprojects@msn.com).

## UUS Holiday Gift Drive

The Loudoun County Community Holiday Coalition expects to help more than 1200 families and individuals this year, and they need our help to brighten up the holidays for all these folks.

They do not have an "adopt a family" program. Instead, they set up all their donated items like a "department store" so that families can come in and select gifts for each other. They also provide gifts for seniors and individuals with special needs.

**Please help by purchasing new items and bringing them to church (unwrapped) by December 9.** A drop-off box will be set up in the foyer. Remember - every gift makes a difference! For more information, contact Linda Reeder at [linreeder@verizon.net](mailto:linreeder@verizon.net) or 571-451-9276.

Below are some suggestions for much-needed items.

Grocery gift cards (in the amount of \$10)

Children (male and female):

- One-piece baby outfit with long sleeves (6-24 months)
- Shirt and pants (toddler sizes)
- Overalls and shirt (children - all sizes)
- Jeans (teens - all sizes)
- Sweatshirt, sweater, or fleece top (teens - all sizes)

Adults (male and female):

- Sweater (Large, XL, XXL)
- Gloves
- Blanket throw



## Small Group Ministry

Where did 2006 go? As you prepare for 2007, remember that UUS small groups can keep you grounded and provide a welcome respite from these hectic times. Small group ministry provides a way for members and friends to keep in touch during the week; and this contact can be just what you need, especially if you can't make every Sunday service. More information on all small groups is available on our website ([www.uusterling.org](http://www.uusterling.org)). Watch for announcements from these groups. UUS small groups are always open to new members.

### Choir

The choir has returned to Thursday evening rehearsals and Sunday mornings when we sing. We plan on singing at two services each month. New voices are always welcome. See Judy Beattie or any choir member if you are interested.

### Covenant Groups

Covenant Groups meet once a month to discuss a topic related to spiritual growth. There are three groups meeting once a month on Monday, Tuesday and Thursday evenings. If you would like to join one of them, send an email to Shelley Tamres at [shelleytam@aol.com](mailto:shelleytam@aol.com) or check our website and pull down the menu bar under 'Ministry' for more information.



### Elder Care Support Group

The Elder Care Support Group meets for breakfast at 8:30 am the second Sunday of each month at the Virginia Kitchen in Herndon to discuss issues related to caring for our parents. The coffee is always ready for us. If you would like to join this support group, contact Mike Berger or just show up.

### Men's Spirituality Group

The Men's Spirituality Group meets at the church on the second Friday of the month from 8:00 – 11:00 pm. If you are interested in joining this friendly game of poker, contact Dave Scher at [david\\_scher@yahoo.com](mailto:david_scher@yahoo.com).

### Women's Earth-Based Spirituality Group

In this circle of UUS women, we explore the UUA sixth source of wisdom - "Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature." The UUS WEBS group usually meets the fourth Friday of every month. Watch for the announcements. For more information, contact Becky Fockler at [bfockler@verizon.net](mailto:bfockler@verizon.net).



Many thanks to the UUS phone bank volunteers who worked with the Commonwealth Coalition in an effort to defeat the "Marriage Amendment" ballot initiative in November.



“The morning after”: Celinda Chandler and Nancy McCormick browse the few remaining auction items at church the next day



The UUS Auction was a huge success, and everyone enjoyed the potluck dinner too!

# UUS Board

## Meeting Highlights

November 1, 2006

### Attendees

Kim Fitzgerald, Scott Findley, Terri Glass, Bryan George, Shelly Tamres, Judy Gruner, Art Rose

### Music Director

Linda Teasley has submitted a proposal to continue as choir director on a part-time basis as our search for a new choir director continues. She has posted notices for the position on various music websites, and a potential music director candidate has been identified.

Linda has also proposed to initiate a concert series that would include performances and participation by her professional percussionist husband, Tom Teasley, and other musicians in the area. Her proposal was read, and the Board generally agreed to the proposal. There was a discussion regarding contract details and the possibilities of a concert series.

### Finance

We are four months, or 33%, into the 2006-07 fiscal year. We have collected \$32,716, which is 24.5% of the total budgeted income. Year-to-date expenses are \$44,076 or about 29.1% percent of the budgeted amount.

### Facilities

The church lease has been renewed for another twelve months.

### Ministerial Compensation

The ministerial compensation package was discussed in light of current budget constraints. The Board discussed the possibility of receiving a grant and how we might pursue getting one.

### Old Business:

New Board Member bios for the website are not all completed.

External Communications Policy was discussed, and Bryan George has committed to presenting a draft at a future meeting.

### New Business

- The email announce list is being modified to allow for others to subscribe, not just members and friends.

- We will begin using Yahoo Groups for press releases. The proposed policy is that anyone can send these.

- A draft of the Order of Service (OOS) needs to be received by Maria Josephs by the preceding Tuesday

- To ensure that our website information is always current, our Web Master needs to have a regular back up.

### Denominational Affairs

We successfully concluded our participation in the Chalice Lighter

program for 2006. We started with 32 Chalice Lighters (48% of

membership) and added six, bringing us to 38 (58% of membership) -

slightly under the 60% goal, but a lot better participation than most

congregations in the JPD.

### Social Action

- UUS hosted a forum about the Marriage Amendment on October 30 presented by the Commonwealth Coalition. Thanks to Linda Reeder and Bryan George for making the arrangements.

- Bryan George has organized a two-hour session of phone banking for the "Get Out The Vote" effort against the Marriage Amendment. It will be held November 5 after church.

### Small Groups:

- Stream Monitoring has their next event on November 5.

- Women's Earth-Based Spirituality Group (WEBS): Continuing to meet on the fourth Friday of each month.

- Covenant Groups: The Ashburn group will definitely meet on third Thursdays.

- Elder Care Support Group: Cancelled for November due to the holiday weekend.

### Membership Committee:

The Membership Committee decided that the following issues are short-term priorities:

- Set aside time for db review at every meeting

- Establish visitor booth policy, allow greater's to greet

- Revive 'at home' dinners to help mix older and newer members

- Instigate a special service for Bring-A-Friend Sunday (e.g., jUSStUSS or Youth Group)

### Religious Exploration (RE)

- Pumpkin Painting and Trick-or-Treat for UNICEF kick-off took place October 29.

- Childcare is being arranged for the auction.

- Guest at Your Table materials have been received.

### The Board held an Executive Session at the end of the meeting.

### Board Host Schedule

November 5: Judy Gruner

November 12: Shelley Tamres

November 19: Kim Fitzgerald

November 26: Bryan George

December 3: Scott Findley

### Upcoming Regular Board meetings are held at 7:00 pm at UUS:

Wednesday, December 6

Wednesday, January 3

# December 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b>	<b>2</b>
					6:30PM-10:00PM Church space reserved for Youth Group Movie Night	5:00PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
10:30AM-11:30AM Worship Service "Take a Deep Breath, Christmas et al Are Coming" (Rev. Matthew); <a href="#">Children</a> : Henry Bergh Day (Rothman, George); Nursery: help needed 3:30PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a> Board host is <a href="#">Scott Findley</a>			7:00PM-9:30PM Board Meeting - <a href="#">Kim Fitzgerald</a>	7:30PM-9:00PM <a href="#">Choir Rehearsal</a> - <a href="#">Shelley Tamres</a>		5:00PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
8:30AM - <a href="#">Elder Care</a> Breakfast @ Virginia Kitchen in Herndon - <a href="#">Mike Berger</a> 10:30AM-11:30AM Worship Service: Social Action Sunday; <a href="#">Children</a> : St. Lucia's Day (Scher, Chandler); Nursery: James 3:30PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>			7:00PM-9:00PM Church space reserved for HOA meeting	7:30PM-9:00PM <a href="#">Choir Rehearsal</a> - <a href="#">Shelley Tamres</a>	January Newsletter Deadline 4:00PM-9:00PM Church space reserved for Landlord Holiday Party	5:00PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
10:30AM-11:30AM Worship Service by "The Festive Season" (Rev. Matthew); <a href="#">Children</a> : Hanukkah (Connors, Rothman); Nursery: Reeder 3:30PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>				7:00PM Winter Solstice Service - <a href="#">Becky Fockler</a>	7:00PM-10:00PM <a href="#">Women's Spirituality</a> - <a href="#">Dory Pinkham</a>	5:00PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
5:30PM-6:30PM Worship Service: Christmas Eve Service; <a href="#">Children</a> : No RE today; Nursery: James 3:30PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>			7:00PM-9:00PM Membership Committee - <a href="#">Mike Masiak</a>	7:30PM-9:00PM <a href="#">Choir Rehearsal</a> - <a href="#">Shelley Tamres</a>		5:00PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>
<b>31</b>						
10:30AM-11:30AM Worship Service "The Magic of Harry Potter" (Rev. Amy DeBeck); <a href="#">Children</a> : New Years (Weaver, Dick); Nursery: help needed 3:30PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>						



# January 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
			7:00PM-9:30PM Board Meeting - <a href="#">Kim Fitzgerald</a>	7:30PM-9:00PM <a href="#">Choir Rehearsal</a> - <a href="#">Shelley Tamres</a>		5:00PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
10:30AM-11:30AM Worship Service "It's Not Given Man to Begin, But to Begin Again" (Rev. Matthew); <a href="#">Children</a> : Huichol Indian Day (Scher, George); Nursery: James 3:30PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>				7:30PM-9:00PM <a href="#">Choir Rehearsal</a> - <a href="#">Shelley Tamres</a>		5:00PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
8:30AM - <a href="#">Elder Care</a> Breakfast @ Virginia Kitchen in Herndon - <a href="#">Mike Berger</a> 10:30AM-11:30AM Worship Service "Beyond Fear, Beyond Colorblindness: A UU Theological Grounding for Anti-Racism." (Rev. Melora Lynngood); <a href="#">Children</a> : MLK Jr. Day (Glass, Confoy); Nursery: Lum 3:30PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>				7:30PM-9:00PM <a href="#">Choir Rehearsal</a> - <a href="#">Shelley Tamres</a>	February Newsletter Deadline	5:00PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
10:30AM-11:30AM Worship Service "A Rough Political Year" (Rev. Matthew); <a href="#">Children</a> : Susan B. Anthony Day (Conners, Chandler); Nursery: James 3:30PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>				7:30PM-9:00PM <a href="#">Choir Rehearsal</a> - <a href="#">Shelley Tamres</a>	7:00PM-10:00PM <a href="#">Women's Spirituality</a> - <a href="#">Dorv Pinkham</a>	5:00PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			
10:30AM-11:30AM Worship Service by Rev. Amy DeBeck <a href="#">Children</a> : Chinese New Year (Rothman, Ward); Nursery: Lum 3:30PM-10:00PM AAFCJ - <a href="#">Antonio Delgado</a>			7:00PM-9:00PM Membership Committee - <a href="#">Mike Masiak</a>			



**Unitarian Universalists of Sterling**  
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(703) 406-3068  
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### ***Your Church Leadership***

**Interim Minister:** Rev. Matthew McNaught ; **Director of Religious Exploration:** Linda Weaver

**Music Director:** Linda Teasley

**Board of Trustees:** *President* - Kim Fitzgerald; *Vice President* - Bryan George; *Secretary* - Scott Findley;  
*Treasurer* - Art Rose; *At-large* - Terri Glass, Judy Gruner, Bill Roman, Shelley Tamres

### ***UUS Mission Covenant Statement***

The Unitarian Universalists of Sterling offer a place where reason and spirituality converge. We welcome members of the community who are seeking such a religious home. Our mission is to make the community a better place to live by promoting a variety of religious expressions, working toward social justice, and fostering diversity. In order to carry out this mission, we covenant to listen to each other, encourage the exchange of creative thought, and respect our differences.

### ***UUS Sunday Services 10:30 AM***

**Unitarian Universalists of Sterling** meets at the Sterling Oaks Commerce Center Sterling, a handicapped accessible 24-7 facility, located on 22135 Davis Drive near Route 28 and Church Road in Sterling, Virginia. Child care and children's religious education are both provided during worship services. Dress is casual. Children are encouraged to wear play clothes.

From Northbound Route 28: Take Route 28 North exit from the Dulles Toll Road. Turn right at Church Road. Turn right on Davis Drive. Go about one block and turn right into the parking lot.

From Southbound Route 28: Take Route 28 south from Route 7. Turn left at Church Road. Turn right on Davis Drive. Go about one block and turn right into the parking lot.

From Westbound Route 7: Turn left at Sterling Boulevard. Turn right at Church Road. Go three miles. Turn left on Davis Drive. Go about one block and turn right into the parking lot.

### ***What's with UUS***

**Communications Committee Chair:** Terry Dick; **Editor:** Linda Reeder

**Production:** Jeff Chandler, Susan Miller

**Board Liaison:** Terry Dick

To submit material for publication send by email to [uus-newsletter@yahoo.com](mailto:uus-newsletter@yahoo.com)

### **Submission Deadlines**

01/19/07 for February

02/16/07 for March

3/23/07 for April

4/20/07 for May