

What's with UUS

Newsletter of the Unitarian Universalists of Sterling A Welcoming Congregation Sterling, Virginia

Minister's Message



The deer in winter, or... reflections on trust

Rev. Anya Sammler-Michael

I grew up in a small town in New England called North Branford, Connecticut. My parents still live there. Our street backs up on water company property and is host to any number of wild creatures – from coyote to turkeys to deer. Once we saved an injured turtle, nursed him in my father's study (a place chosen for its easily cleaned floors), and set him free in the deep woods behind our house. Another time we cared for a sea gull with a broken wing, and on another occasion, a blackbird. You might say our home was host to the broken and downtrodden.

My parents, whose influence began this tradition, continue the work. The other day my mother shared the joy and humor of their current exploit – feeding the deer struggling to find food in the depths of winter. My father keeps the deer food in our garage. (I didn't even know there was such a thing as "deer food.") The deer have learned to come to the edge of our yard and wait. When my folks notice their presence, my dad fetches their food and places it under a nearby tree.

Just the other day, two deer approached our yard – a mother (#12 from the tag on her ear) and her youth. When my father opened the door, the young one sprinted back at least 50 yards, and the mother about half that much, but with less exuberance. From a distance, they both watched my father place the food, and when he turned to walk back to the

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President's Message



Community Dave Miller

I think it is important to be a member of a community, not just an organization.

When I think of an organization, I think of something that has no spirit, no heart. If I have neither a spiritual nor an emotional tie to an organization, I do not feel that I have to invest much of myself in it.

But I will devote my time, money, and energy to a community. When there are ties of spirituality and emotion, I am more able to commit myself; and my soul or spirit is guided, helped, and comforted.

We at UUS are a church. We nurture ourselves and each other. We express this support in our words and in our deeds. Such support is often called upon in the saddest of times, and we are in such a sad time now. The recent loss of Samantha, a child of our community, has affected us all. Her passing, in the loving arms of her family after a long and difficult fight, has left us all with a sense of bereavement.

I recall that it was just a couple of months ago that Samantha was welcomed into our congregation at a child dedication ceremony. We, as a congregation, committed to support her and her family. I have been proud to see our outpouring of loving concern for Samantha: the support provided by our minister; the assistance of our pastoral care associates; the many offerings of help for child care, meals, and other services; and the touching prayer vigil

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Worship Calendar

February 1st – "Outsiders, Heretics, Rebels" Rev. Anya Sammler-Michael questions the commonly held assumption that Unitarian Universalism is an "outsider" religion. Special music will be provided by the duo of Suzie McMullen and Paul Roche. We will begin with a hymn sing at 10:20 and will hold an Inquirer's Class for new visitors after the service.

February 8th – "Your One Wild and Precious Life" In this beloved annual service, six community members of all ages from the Unitarian Universalists of Sterling respond to the question: "What will you do with your One Wild and Precious Life?" Special music will be provided by Michael Masiak and Scott Findley.

February 15th – "Ambiguity- The Challenge and the Responsibility" Rev. Anya-Sammler Michael makes the assertion that there is a sharp and exacting division between the people who can and those who cannot accept ambiguity. The service will draw heavily from the transcendentalist and mystical traditions. Music will be provided by the UUS Choir.

February 22nd – "Agape, on the Rocks" In the great UUS tradition of broadening our sacred music horizons, Bill Painter, Paul Roche, and others will perform rock, pop, and soul love songs while Rev. Anya Sammler-Michael interweaves reflections on "Agape" or selfless, spiritual love. This is an all-ages service, but childcare will be provided.





(Continued from **Minister**, page 1)

house, they began walking toward the tree – the youth, again, exhibited more bounce than his mother. My father, halfway to the house, stopped and looked back...the deer stopped and looked at him. He then continued to the house and the deer again continued to the tree. Again, my father stopped and the scene repeated. When he finally got to the house, the mother deer was almost at the tree. When he entered the house, she walked to the tree and her youth quickly, with a giant bounce, hurled himself forward to join her.

There is so much tenderness in this interchange – a blossoming of trust. The mother deer has learned to trust our food and to tolerate my father. The youth knows to trust his mother and follows her every lead – while adding a bit of his spirited exuberance. In the end three creatures are fed who would otherwise be hungry. The deer receive the nutrients of the earth. My father receives the nutrients of interconnection and service. And all of this is possible because of a blossoming trust.

Trust is an evocative term for Unitarian Universalists. Over our nearly 2000 years of development, we have customarily been called the heretics and outsiders - looked upon by the majority with distrust, if not disgust. Even today, it is rare to mention our namesake to a friend or associate without eliciting a barrage of questions, if not concerns. In addition, we ourselves developed a solid distrust of orthodoxy - even to the extent of questioning the very nature of the religious experiment itself. We rejected the commonly held belief that to build a religion one needed a creed. And afterwards, wondered if indeed we were a religion or if this was something new something yet unnamed. In conclusion, we historically distrust the status quo and the held tradition, preferring instead an outsider status and the ideal of progression.

I love our history and find great promise in our particular experiment but wonder if we could work on transforming our self-understanding. I especially sense it poses a hindrance to enabling a climate of trust.

Let's go back to the example of the deer for an illustration: The deer trust my father because he has been placing food under the tree for a long while, and not once has harm come to them from partaking. The deer's trust is built on tradition. My father feeds the deer because he knows they are a part of this interdependent web and that their lives are worthy of his service. My father feeds the deer because he has included them in his circle – they are not outsiders, but insiders.

If we are going to be a faith that feeds the spiritually hungry, we need to elicit trust; to do so, we need to revise our self -understanding. First, we need to examine our connection to the religious traditions that birthed our faith. We need to honor the gift of these connections while recognizing the particular beauty of the place we have carved out within the fold of the world's religions. And second, we need to foster a sense of interdependence and inclusion recognizing especially that our message is no-longer an "outsider" message, but one that speaks to a surprising majority in this nation, if not a majority of the world's population.

So many who seek a religious home are concerned about, if not afraid of, joining a new community. Part of being a welcoming faith is recognizing this tenderness and creating an environment that fosters trust. We do this at UU Sterling in so many ways. Where we struggle, I sense the whole of the Unitarian Universalist community struggles - we all struggle with our selfunderstanding. Just what are we and what can we offer to others? I believe if we define this with more accuracy and honesty, we may find that we are something quite extraordinary and that we offer something that so many people are desperate to find.

Indeed, we are a religion where spirituality and reason converge – where tradition is balanced with progress – where integrity is prized above allegiance – where hope and honesty can co-exist – where faith and freedom are one.

This is not some outsider's heresy – this is a potent, vital, and necessary way to be religious in our ever-changing global world. This is a religion we can and must trust.

-Rev. Anya

(Continued from **President**, page 1)

attended by so many members and friends.

It is times like this that show whether we are just an organization or a true community. My heart goes out to Alyssa and Dave, Samantha's parents. Even as a parent myself, I know that I can never feel the depth of their pain and grief. But I can thank all of you in our community for the love and support you have shown, and which I am sure you will continue to show. For we are not just an organization, we are a community.



Join us as we celebrate our Stewardship Kick-off combined with the 15th anniversary of UUS! Join us as we gather in peace, gather in thanks, gather in sympathy now and then. Join us as we gather in hope, compassion, and strength. Gather the Spirit and join us in celebration!

The Wide UU World

Northern Virginia LUUP (Legislative UU Priorities **Group**)

We can make a difference in the Virginia Legislature via our advocacy efforts!

NoVA LUUP is being noticed: we've been invited to join the statewide Pro-Choice Coalition, to co-sponsor Equality Va., the Va Interfaith Center's, and the Va. Pro-Choice Lobby Days (Jan. 27, Feb. 2, and Feb. 5 respectively).

NoVA LUUP's Web site is now truly up and ready for you to visit at http:// www.novaluup.org

You'll find the site packed with information about this new effort to bring a UU voice of love and justice to the Virginia legislature. Sign-up for any or all of our three lobby days, or become an "Armchair Lobbyist" and sign up for our Action Alerts.

So come on! Let's make the NoVA UUs a force to be dealt with! It's all on our web site; just go and sign up already!

The UUA ... A little give and take

Unitarian Universalist congregations choose to be part of the Unitarian Universalist Association. When they make that choice, they pledge their commitment to sustain the work of the association. UUSterling is a part of the association as are most UU congregations. For each member of our congregation, we pay the association \$56.00. In addition, we have the opportunity to raise funds for special projects each year on Association Sunday. Last year we collected \$259.00 and this year we collected \$260.00. Here are 10 results of YOUR generosity in 2008:

1. The culmination of Unitarian Universalism's National Marketing Campaign, including full-page ads in TIME magazine and a full-page ad in The New York Times in the wake of the tragedy in Knoxville, Tennessee.

2. The UUA's inheritance of the growing Green Sanctuary Program, helping us to bring valuable environmental justice

resources to congregations across your Association.

3. The free, accessible online availability of Tapestry of Faith curriculum.

4. The appointment of the first ever Emerson UUA Chair of Divinity at Harvard Divinity School.

5. The awarding of more than 60 scholarships to support students preparing for UU ministry.

6. Grants to individual districts for their own innovative growth projects, totaling over \$330,000.

7. The ongoing work of the Washington Office for Advocacy, including the offer of free advocacy resources and opportunities for congregational and individual involvement on national advocacy issues.

8. Direct pastoral care and financial support for the victims of the tragedy in Knoxville.

9. The founding of the New Orleans Rebirth Volunteer Center, to transfer management of the former UUA-UUSC Gulf Coast Volunteer Program to local New Orleans congregations, and to support nearly 800 volunteers from 61 congregations in its first year!

10. The implementation of the JUUST Change Consultancy to support a framework for systemic transformation through our commitment to anti-racism, anti-oppression, and building diverse, multicultural welcoming institutions. Without your dedication and support, none of these actions would be possible!

Save the Date (2) April 24-25, 2009 2009 JPD Spring Conference Navigating Changing Times Double Tree Hotel Downtown Wilmington, DE 700 N. King Street, Wilmington, DE 19801

UUA Marketing Campaign Third in a Series

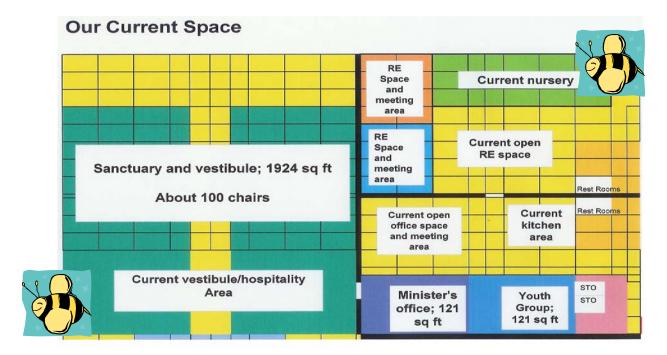
Bonnie Lepoff

In the previous two articles, I described the marketing campaign, the plan for funding, and the plan for implementation of this multi-media advertising planned for August 2009 to reach those looking for a church home at the start of the school year.

The budget for this campaign was a bit daunting - coming in at \$600,000. Last December, the JPD Growth Committee, in consultation with area ministers, decided to postpone this planned campaign and replace it with a more modest internet marketing effort. They are applying for a Chalice Lighter grant to fund it.

What this means for UUS is that you will not be receiving a letter from the UUA marketing office asking for your support for this fundraising campaign. Instead of a costly major marketing/ advertising effort, a more budgetfriendly internet marketing effort is being planned. Google AdWords will be the first focus. Improving regional websites and helping congregations improve their own web sites will be the second effort. The Growth Committee will also, as previously planned, host workshops to support this ad campaign. Topics being considered include Hospitality, Anonymous Visitor, Membership Attraction and Retention, and Catchy Slogan/Message Workshop.

More information about Google AdWords and how UUA has used them in the past year can be found at this link: http://www.uua.org/documents/ congservices/marketing/ regional/0812_bwgc_2009.pdf





What's all the buzz about?

The New Space Task Force Report!

Dave Miller

As you may know our next-door neighbor, Capitol Cable, is planning to move to a new facility next summer and will be moving out of their present location. Consequently, the rental space they currently occupy will become available for lease. In light of this development, the Board of Trustees is looking into possibly expanding UUS by adding that additional space to the space we are currently leasing. The Board has appointed a task force to investigate all of the issues associated with this possibility. The task force members are Dave Miller, Paul Roche, Jeff Chandler, and Karen Ward.

One of the things the task force has done is develop an initial plan of how we might configure both the new space and our existing space to meet our many needs. The main purpose of this floor plan is to create a baseline document so that we can work with our landlord to get an initial estimate of what our rental costs would be if we lease the additional space, as costs will depend on the amount of construction required to get the space configured to our needs.

Here is the plan. These diagrams were developed in Excel. They are not very fancy, but they show how the task force thinks the space could be configured. It is an initial plan, and is of course subject to change as we move forward.

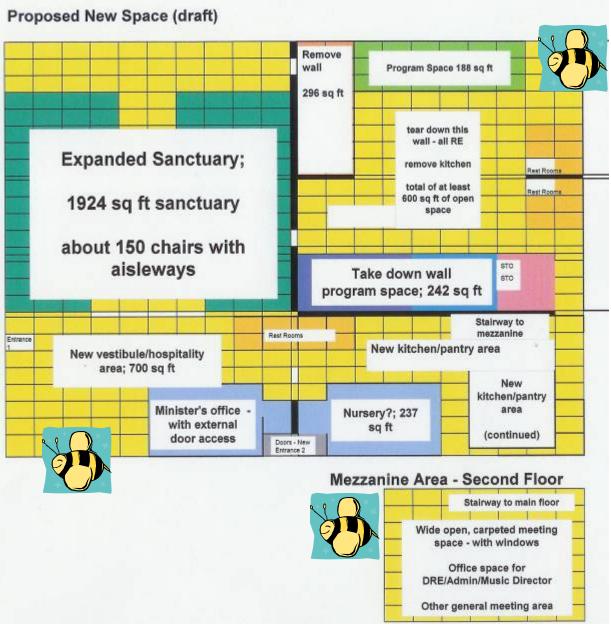
With the addition of this new space, we would be increasing our current space by more than 50 percent. The new space has a large upper-story mezzanine area. It has windows along the outside wall to give it plenty of light. The new space would combine our current worship and hospitality space into a large worship sanctuary. Our main entrance would be through the main door of the new space into the new vestibule/hospitality area. Doors from this vestibule/hospitality area would lead into the sanctuary that would be a sanctuary, not an entryway or a corridor to the office and Religious Exploration area. The RE program would have larger program rooms and a large open area. With the mezzanine area, we will be able to have adequate office space for our church staff, who have to work with little space now.

We are looking at obtaining this space because of the phenomenal growth we are experiencing. It would help us alleviate crowding in our worship, Religious Exploration, and administrative areas.

The task force hopes that you will review the plan and become as excited about the possibilities as we are. The task force members would be happy to answer any questions you have and would be happy to hear any suggestions for improvements.

So, please let the task force know what you think.





UUS 2009 Stewardship Campaign

Bonnie Lepoff

We have reached that time of year again - a time of excitement - a time for visioning, reflecting, and contributing to our community. After a January full of inauguration events and snow flurries, our thoughts at UUS turn to our annual Stewardship Campaign. This year is special for several reasons. Last year we realized we were a vibrant community rich with the potential for transformation and growth. This year we learned that this potency would not dissipate with

time, but would increase with our renewed commitment.

This month we celebrate our 15-year anniversary as UUS! And, as is generally true of 15-year-olds, we are in the middle of a growth spurt. As you can see from Dave's article, we hope to expand our space by 50 percent this summer. Our Finance Committee is preparing a budget that includes an estimate for this additional space in the rent line item.

The Stewardship Committee is already busy planning the activities that will take place during the month of March. More information will be coming your way but here is an overview: **Rev Anya will start the campaign with her kick-off sermon on March 1st. The next Saturday, March 7th, we will host an all-church party** that will include information on our proposed budget and the stewardship campaign as well as general festivities to celebrate our 15year anniversary.

Please mark your calendars, gather the spirit, and join us in celebration! If you have any questions, please contact me at blepoff@cox.net



UUs and Love

February's Religious Exploration theme in the elementary and middle school classes is UU history. As the children take a look at the long history of our faith, love will appear many times.

In 16th century Transylvania, King John Sigismund converted to Unitarianism. He showed compassion and understanding by decreeing that people should be free to believe according to their own consciences.

In the late 18th century, liberal congregationalists in the U.S. moved away from the Calvinism of their Puritan ancestors and decided that people are basically good and can use reason to develop their own beliefs. These congregationalists became Unitarians. Because of their belief in the goodness of all people, along with introduction of the Transcendentalist belief in divinity in everything and everyone, they became reformers working for better conditions and laws for everyone.

Throughout history, there have been people who were convinced that God is loving and would not let anyone be punished for eternity. Many risked their lives sharing this belief in universal salvation. Some, such as George de Benneville and John Murray, came to the U.S. in the 18th century and helped establish the Universalist church here.

The early Unitarians and Universalists expressed their beliefs in the goodness of people and the goodness of God by working for justice and serving the less fortunate. After working together for many years, they joined into one denomination to better serve their work and their message of love and compassion. The two denominations became the Unitarian Universalists in 1961. At UUS we have many ways of showing love, caring, and compassion to each other, the community, and people around the world. One of these ways is taking part in social action projects. On February 8th the children will make Valentines for Vets to show appreciation to and concern for veterans who have served our country. These valentines will go to veterans now living at the U.S. Soldiers' and Airmen's Home in Washington, D.C. There is still room for adults and youth to help that day. If you are interested, contact Linda Weaver at re-director@uusterling.org.



Roving Reporter

Susan Rose

December brought only a dusting of snow. What are your predictions for snowfall, January to March?

Natalie (11) My best guess is 10 inches of snow!

Jordan (2) One (foot)!

Noah (12) I'm not sure, not being a meteorologist!

Tommy (6) A little bit!

Anna (8) No snow!

Joe (9) Three inches!

Molly S. (8) I'm agreeing with Natalie, 10 inches!

Religious Exploration Schedule

Kindergarten-4th Grade:

Feb. 1 - Unitarianism

Feb. 8 – Universalism and Valentines for Vets (combined class)

Feb. 15 – The Two Become One – Unitarian Universalism

Feb. 22 – No RE - Intergenerational Service

March 1 - UU Principles

March 8 - UU Principles

March 15 - UU Principles

March 22 – No RE – Intergenerational Service

March 29 – UU Principles

Middle School Youth (5th-8th Grade):

Feb. 1 - From Protestors to Pilgrims

Feb. 8 – Valentines for Vets (combined class)

Feb. 15 – From Calvinism to Channing

Feb. 22 – No RE - Intergenerational Service

March 1 – Just Whose Religion is It?

March 8 – Thinkers and Doers: Transcendental Mystery Dinner Party

March 15 – Universalism: What Are We Good For?

March 22 – No RE – Intergenerational Service

March 29 – Two Paths Become One

To find the names of the leaders and assistants for each session, go to the calendar at http://www.uusterling.org/. Find the correct month, and then click on the RE class session you would like to view.

To find out more about the RE program, contact Linda Weaver at redirector@uusterling.org.



Pastoral Care Associates

Cyndi McCrea

Many people find themselves feeling unusually sad, lethargic, or depressed in the winter months. You may find yourself eating or sleeping more as the temperature gets colder and the darkness lingers. These feelings can have many causes-physiological, psychological, or a combination of both. You may be experiencing Seasonal Affective Disorder, a specific type of depression. You may be stressed by PHS (postholiday syndrome, I made that up but I believe it's valid). You may be worried about your job, the recession, family situations, or other significant life changes. You don't need to face the darkness alone. "We are your village. We offer a caring, respectful presence to help members and friends find the support needed to navigate through transitions and challenges." If you are having difficulty coping this season, the Pastoral Care Associates and Reverend Anya are here to help you find the care and support you need.

Contact Information:

Cyndi McCrea: 703-430-6137 Cyndi.McCrea@verizon.net

Karen Painter: 703-450-5117 kareninsterlingva@yahoo.com

Deb Rose: 703-803-0936 drosept@verizon.net

E.B. Kirkbride: 703-938-0759

Small Group Ministry

Small groups are an important part of UUS. They provide a connection between members and the church on days other than Sunday. If you are unable to attend Sunday services, small groups can provide the spiritual connection you need. If you come to Sunday services, these groups enhance your connection to UUS. UUS small groups are always open to new members.

Covenant Groups

Covenant Groups meet once a month during the school year to discuss a topic related to spiritual growth. Last year, topics included loss, crossroads, and spirituality. As a member of a group, you will be able to engage in these deeper conversations and you will get to know the other members of your group in a way that might not otherwise be possible. Covenant Groups began meeting the second week in October. Groups meet once a month on Monday, Tuesday, and Thursday evenings; there is one daytime group. Other groups will be formed as interest grows. Send an email to Lori Stevens at administrator@uusterling.org or contact Rev. Anya.

Elder Care Support Group

The Elder Care Support Group meets for breakfast at 8:30am the second Sunday of each month at the Virginia Kitchen in Herndon to discuss issues related to caring for our parents. This month's meeting is on February 8. The coffee is always ready for us. If you would like to join this support group, contact Mike Berger at m.d.berger@ieee.org or just show up.

Men's Spirituality

The Men's Spirituality Group meets on second Fridays for conversation and camaraderie. Watch for meeting announcements or contact Tony Thede for more information.

Stream Monitoring

The UUS Stream Monitoring Group monitors Beaverdam Run in Ashburn. Members get together periodically to conduct a habitat survey and a biological survey according to a protocol. The Stream Monitoring Group encourages environmental stewardship, and is an opportunity to learn, interact, and commune with our local environment in a family-friendly, fun outdoor activity. Contact Scott Findley at <u>sfind39@aol.com</u> for more information.

Women's Earth-Based Spirituality

In this circle of UUS women, we explore the UUA sixth source of wisdom: "Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature." The UUS WEBS Group usually meets the 4th Friday of every month. Watch for the announcements. For more information contact Kim Fitzgerald at Kimberly.fitzgerald@ngc.com.



Choir

The choir is up and running! Kris Rector, our new music director, is doing a wonderful job leading us in song, but we are always seeking new members. Please see any choir member if you are interested in joining us.

New Groups

It is easy to start a small group. If you like to read and would like to discuss what you read with other UUS'ers, or if you like to quilt or do other fabric related things, you could start a group. More information is available on our website under the drop-down menu Ministry/Small Groups, or contact Lori Stevens at administrator@uusterling.org, or talk to Rev. Anya.

UUS Board Meeting Highlights

January 7, 2009

Attendees

<u>President</u>: Dave Miller <u>Vice President</u>: Bonnie Lepoff <u>Secretary</u>: Jeff Chandler <u>Co-Treasurers</u>: (Alyssa Lum) Paul Roche <u>At-large</u>: Belinda Bullock Scott Findley Linda Reeder Ken Ward <u>Director of Religious Education</u>: Linda Weaver <u>Minister</u>: Rev. Anya Sammler <u>Former President</u>: (Bryan George)

Membership (Jeff Chandler)

Minutes of the Jan 5, 2009, Membership Committee Meeting

1. New to UU Class/Lunch will be at Terry Dick's house, Jan 10, 12:00 – 4:00. Maureen is helping with the food.

2. New member recognition Sunday is January 18. So far just 4 new people will be recognized: Tracey and Sean Causely and Cynthia and Dave Crooks.

3. Need for face-to-face canvassing of new members was discussed. Suggestion is that in the future, the Canvass committee should canvass new members shortly after they sign the book.

We currently include 3 pieces of paper in the new member packet. <u>One</u> is a Financial Commitment statement with suggested levels of giving listed at the bottom. <u>Another</u> is the pie-chart which breaks down allocation of expenses for the fiscal year. <u>The third one</u> is the pledge card. Anya has suggested that those be printed on a bright color and stapled together.

We now give the membership packet when the new member signs the book, or shortly thereafter, rather than waiting for the NM Recognition Sunday.

4. Membership Scrub will be done

January 11.

5. We will ask Lori Stevens to do a draft of a new phone directory after the membership scrub. We can then have congregants check for errors, tweak the format, and hopefully get it printed for distribution by early March.

6. We are revising the blue "Membership" brochure, with Lori Stevens' help.

7. Sunday morning Greeter/Usher and Hospitality duties for Jan/Feb are 98% filled.

8. Rev. Anya asked the committee to think about expanding the New to UU class beyond just one Saturday lunch/ session. Suggestions were to have a UU history class a couple of times per year; this could be taught by a lay person. Anya would like to consider adding other seminars which would give new members and prospective members more learning opportunities.

Religious Exploration (Linda Weaver)

Board meeting, Staff and Board president meeting, and meetings with Rev. Anya RE Committee meeting GWAREC meeting

RE Committee:

The committee met on Dec. 7th. They made recommendations for RE space that were forwarded to the Space Task Force. The group would like to add to the RE committee's philosophy statement to read as follows:

"At UUS, we welcome families and individuals of all abilities and learning styles and we emphasize the value of learning and experience throughout a person's life."

Special Events and Social Action: Youth Group hosted a Parents' Night Out.

Youth Group led mitten tree (or mitten arch) collection. Two deliveries were made to the Loudoun Abused Women's Shelter (LAWS).

3rd and 4th graders led food drive. Donated food was delivered to Loudoun Interfaith Food Pantry.

Deb Rose created children's Orders of Service for Dec. 21st and Christmas Eve services. Child care was provided for the

Christmas Eve Candlelight Service.

Treasurer (Paul Roche Alyssa Lum)

Things continue to go well financially. I expect things to tighten up heading into the last half of the year. A lot of people pay before December to take advantage of the tax deductions. I still see a surplus at year-end which we could put towards next year's budget.

Issue: Between FinCom, Membership, and the Board we need to come up with a method of asking new members and maybe long-time friends to make a Stewardship Gift. We have never had a good process for that. With all the new people we are probably missing some opportunities.

Building Fund. Our 3.5% CD matured in December and there are no CDs now paying similar so the Building Fund is also in Fidelity Cash Reserves earning 1.9%.

Issue: I would like the Board and/or FinCom to allow the use of the Building Funds to replace the deposits on our rental space. As near as I can tell we have tied up general income funds that I think should be coming from the building funds. I see no evidence we used Building Funds for this purpose.

Board Host Schedule

January

4 Dave Miller
11 Jeff Chandler
18 Belinda Bullock
25 Linda Reeder

February

1 Dave Miller

- Ken Ward
- 15
- 22

8

Next board meeting (7 PM @ UUS):

Snacks/reading: Belinda Bullock

Wednesday, February 4, 2009

FEBRUARY 2009

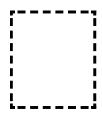
SUN	Mon	TUE	WED	Тни	FRI	SAT
1	2	3	4	5	6	7
9:15 Cottage		12:00 Covenant	7:00 Board of	7:30 Choir		5:00 p.m. AAFCJ
Conversation		Group	Trustees Meeting	Rehearsal		
10:30 RE						
10:30 Worship						
Service						
12:00 RE						
Volunteer	F A					
Workshop						
12:00 Inquirer 's						
Class						
3:30 AAFCJ	V					
8	9	10	11	12	13	14
8:30 Elder Care	7:00 Covenant	7:00 Covenant		6:30 Church and		6:00 a.m. AAFCJ
Support Group	Group	Group		State		
10:30 RE				7:30 Choir		
10:30 Worship				Rehearsal		
Service						
3:30 AAFCJ						
15	16	17	18	19	20	21
10:30 RE		6:00 Old Sterling	7:00 The	7:30 Choir		10:00 a.m. Living
10:30 Worship		Gable HOA	Spirituality of Food	Rehearsal		by Heart
Service		Meeting				5:00 p.m. AAFCJ
11:45 Cottage						
Conversation						
3:30 AAFCJ						
22	23	24	25	26	27	28
10:30 Nursery	7:00 Membership			6:30 Church and		10:00 a.m. Clean-
10:30 Worship	Committee			State		up Day!
Service		oppy		7:30 Choir		5:00 p.m. AAFCJ
12:00 RE	C	Julio		Rehearsal		
Committee					٨	
Meeting						
3:30 AAFCJ			*			
		*				
	2					
	19	lat 2	1020			
	4	entine's				

Please visit uusterling.org for current and additional calendar information.

Unitarian Universalists of Sterling

PO Box 1632 Sterling, VA 20167 (703) 406-3068 http://uusterling.org





Your Church Leadership

Minister: Rev. Anya Sammler-Michael

Director of Religious Exploration: Linda Weaver; Music Director: Kris Rector

Board of Trustees: <u>President</u> - Dave Miller; <u>Vice President</u> - Bonnie Lepoff; <u>Secretary</u> - Jeff Chandler;

Co-Treasurers - Alyssa Lum and Paul Roche; At-large - Scott Findley, Ken Ward, Linda Reeder, Belinda Bullock

UUS Mission Covenant Statement

The Unitarian Universalists of Sterling offer a place where reason and spirituality converge. We welcome members of the community who are seeking such a religious home.

Our mission is to make the community a better place to live by promoting a variety of religious expressions, working toward social justice, and fostering diversity. In order to carry out this mission, we covenant to listen to each other, encourage the exchange of creative thought, and respect our differences.

UUS Sunday Services 10:30 a.m.

Unitarian Universalists of Sterling meets at the Sterling Oaks Commerce Center Sterling, a handicapped-accessible 24-7 facility, located on 22135 Davis Drive near Route 28 and Church Road in Sterling, Virginia. Child care and children's religious education are both provided during worship services. Dress is casual. Children are encouraged to wear play clothes.

From Northbound Route 28: Take Route 28 North exit from the Dulles Toll Road. Turn right at Church Road. Turn right on Davis Drive. Go about one block and turn right into the parking lot.

From Southbound Route 28: Take Route 28 south from Route 7. Head east on Church Road. Turn right on Davis Drive. Go about one block and turn right into the parking lot.

From Westbound Route 7: Turn left at Sterling Boulevard. Turn right at Church Road. Go three miles. Turn left on Davis Drive. Go about one block and turn right into the parking lot.

