

What's with UUS

Newsletter of the Unitarian Universalists of Sterling
A Welcoming Congregation
Sterling, Virginia



Minister's Message



The Vacation

Rev. Anya Sammler-Michael

This is one of my favorite Wendell Berry poems, and perfect for this time of year:

The Vacation

Once there was a man who filmed his vacation. / He went flying down the river in his boat / with his video camera to his eye, making / a moving picture of the moving river / upon which his sleek boat moved swiftly / toward the end of his vacation. He showed / his vacation to his camera, which pictured it, / preserving it forever: the river, the trees, / the sky, the light, the bow of his rushing boat / behind which he stood with his camera / preserving his vacation even as he was having it / so that after he had had it he would still / have it. It would be there. With a flick / of a switch, there it would be. But he / would not be in it. He would never be in it.

Many of us will vacation this summer. If our plans do not take us to faraway lands, we may at the least catch a brief moment in the sun, leaving our worries behind, and resting in its warm presence. Wherever and however you vacation, hold Berry's poem close to your heart – remember that each and every moment in which we live is an opportunity to be present, to "be in it," to be in this life.

And when we gather again in September, we will have a chance to recall our summer wanderings. At our ingathering service on September 13, we will collect water gathered during our summer experiences. So, if you visit a new lake, ocean, stream, or pool ... if

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President's Message



Summer Lists

Bonnie Lepoff

Time has a way of sneaking up on us. Have you noticed it, too? June is halfway over as I

begin writing this column (my first as president of the UUS Board of Trustees!), and July is right around the corner. I have already begun making a list of things I want to do this summer because I know that July and August will go by really fast and if I don't make a list, summer will be over and I will be left wondering what I did with all the time. Why am I sharing my compulsive nature with you? Because there are two items on my list that include you!

Summers at UUS are more relaxed; more people wear shorts and we have more lay-led services. But there is a lot going on this summer.

Last spring we held four Cottage Conversations to hear what was important to you and where you wanted this congregation to go. The Strategic Planning Committee took all that information and condensed it into our Strategic Plan. We will hold two townhall meetings this summer to present this plan to you. It's available on our web site (log in, select Activities, then Annual Meeting), but I think you'll enjoy the summary presentation more.

There was amazing consistency among the Cottage Conversations, as you will see in the presentation. One area of commonality was Social Justice. At each meeting, people talked about wanting to live their faith by getting involved in our larger community. We will be holding

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Worship Calendar

Rev. Anya Sammler-Michael

The summer's liturgical theme is Unity: "He who experiences the unity of life sees his own Self in all beings, and all beings in his own Self, and looks on everything with an impartial eye." *Buddha*

July 5 "The Spirituality of Food." Participants from UUS's adult RE class explore our concepts of wholesome food, foods that are available to us, and the relationship between food and the human spirit. Special music includes "Inch By Inch - Row by Row, how does your garden grow?"

July 12 "Potlicker for the Seeker's Soul." Wendi Manuel-Scott offers this southern twist on "Chicken Soup for the Soul," sharing the nuggets of wisdom that her great-grandmother, Big Ma, shared with her, and, most importantly, how those shared "truths" have guided her spiritual journey.

July 19 "In Praise of Summertime" Steve Dick and Terry Dick offer music, poetry, and reflections of summers past. The service will feature Paul Roche and the jUUStUUS band.

July 26 "A Play on Words" Rev. Anya Sammler-Michael reflects on the emotive aspects of land, giving special attention to the names we give Earth's features. Do you know what a dryki is, or a pokelogan? Both are words native to this country and our experience of this land.

August 2 "But I know how it ends!" Katrina Thralls admits, "for years I refused to watch the movie 'Titanic' because I already knew how it ended." Know anybody who reads the last page of the book first? We will explore the concept of knowing the end before the

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you listen to a wild rainstorm and think to set a cup out to collect the drops, if you stay at home and drink water daily from your faucet – bring some of your experience with you on the 13th – bring a small portion of water. We will pour our experiences into a common vase, and then use this water throughout the year at child dedications and in other ways of honor.

May you travel boldly and openly – and return safely. – *Rev. Anya*

Rev. Anya's Summer Schedule and Contact Information

The summer season at UUS begins on June 21st. I fly on that day to Salt Lake City to attend General Assembly (GA), the annual convocation of Unitarian Universalist congregations. My pre-GA events include a "Ministerial Couples Retreat" and "Professional Days," a series of workshops and worship sessions for UU ministers.

After GA, Rev. Scott and I head to Seattle for a one-week vacation visiting old friends and family members.

I will split most of my time in July and August between study weeks and work weeks (info below). A study week is a chance for me to catch up on congregational business and professional development. I do not schedule meetings (unless absolutely necessary) during study weeks.

If it is an *emergency* and you *must* reach me, please call my cell phone: 703-731-9018. I will check e-mail regularly, except on my vacation weeks: minister@uusterling.org.

June 29—July 4: Vacation

July 5—July 15: Study

July 16—July 26 Work

July 27—August 2: Study

August 3—August 9: Vacation

August 10—16: Study

August 17th and after: Work.

– Rev. Anya

(Continued from President page 1)

two Social Justice planning meetings this summer to decide what we want to do next year. Plan on attending one or both of these meetings and let us know what projects light your UU fire.

There will be reminders and more information closer to each meeting, but for now, please put these dates in your calendars:

- Social Justice meetings July 12 and August 16
- Strategic Plan presentations July 19 and August 23

Child care will be available for all four meetings.

As you make your lists for these summer months, be sure to include UUS Sunday services and these town hall meetings. See you in church!



Interfaith Picnic

Rev. Anya Sammler-Michael

Save the Date – Sunday, August 2, 2009, 2:00 p.m.—6:00 p.m. at pavilion 2 at Claude Moore Park in Sterling.

This is the date for the third annual Loudoun Interfaith BRIDGES picnic. UUSterling is a proud member of BRIDGES. There will be entertainment for all ages, and an opportunity to mingle with our interfaith neighbors.

Bring a dish to share and donations of food and/or back-to-school supplies. For more information, call Sher at 703-626-6119, Sheila at 540-822-5607, Jack at 703-723-4401, or Catherine at 571-258-3282.

(Continued from Worship Calendar page 1) beginning, and how it affects the journey.

August 9 "Lughnassadh – a grain Festival" WEBS (the Women's Earth-Based Spirituality Group) led by Kim Fitzgerald will facilitate this midsummer celebration.

August 16 "Living in the Past" Join Reverend Scott Sammler-Michael for a special music service as we explore the beauty and challenges of history, especially when we work to honor and account for the history of our nation and our church while devising plans for our future. Rev Scott will be joined by several musical guests.

August 23 "The Social Gospel" Rev. Anya Sammler-Michael considers the religious leaders of the Social Gospel movement and the relevance of their mission today. At a time when technology is breeding isolation, what can we learn from the liberally religious theology that influenced Martin Luther King and many others? This is the first of a 2009-10 sermon series entitled "The Liberal Religious Landscape."

August 30 "Emerson's Influence" Rev. Anya Sammler-Michael reflects on the transcendentalist bard's faith, philosophy, and lived religion. Emerson said: "A Person will worship something, have no doubt about that ... therefore, it behooves us to be careful what we worship, for what we are worshiping we are becoming." What did Emerson worship? And how did his worship change our religious landscape?

September 6 Frank Dixon on Mark Twain, with costume changes!

September 13 will be our annual Ingathering Service. Don't forget to collect water for the service!

Late News!

Peter Morales won the election for new UUA President. His installation took place during the General Assembly's closing ceremonies. To read Peter's letter, go to http://uua.org/news/news_submissions/144307.shtml. Once you're there, take a few minutes to browse the site. It holds a lot of interesting information. – Bonnie Lepoff

Social Justice

Rev. Anya Sammler-Michael

Rev. Dr. Om Prakash, John Gilmore Director of Racial and Social Justice, Joseph Priestly District (JPD) of the UUA announces a new Social Justice Committee Formation for the JPD.

Saturday, October 3 10:00 a.m.-4:00 p.m. at the First Unitarian Church, 730 Halstead Road in Wilmington, Delaware.

The JPD is creating a District Social Justice Committee consisting of a steering committee from Social Justice/ Advocacy Networks already working in the district and two social justice representatives from each congregation who would like to participate. These representatives would be chosen by the congregation and would be accountable to the congregation and also supported by the congregation in order to further the cause of social justice, in a partnership way, within the congregation and the community at large in the name of the congregation. The functions of the JPD Social Justice Committee as proposed are:

Providing Ongoing Social Justice Training Opportunities for all members with the intent that they can be taken back and shared with the church social justice committee and the congregation at large,

Creating a venue for communication and sharing between the various UU Social Justice/Advocacy Networks currently working in the district,

Creating a venue for communication between social justice chairs from congregations and social justice advocacy representatives who are members of the JPD Social Justice Committee, and

Raising the level of social transformation in the JPD through learning, communication, and the exploration of several models of organizing within the UU faith community and in the larger society. This includes self-care for social activists and agents of change.

During the day, we will have an additional training in Coalition Based Community Organizing with Rev. Louise Green of All Souls in Washington, DC, a long-time community organizer and community organizer trainer. A working group will be organized to create a structure for the JPD Social Justice Committee by the following meeting, the date of which will be set soon. We are planning for quarterly meetings and hopefully a social justice conference each year.

If you would like to become a part of the District Social Justice Committee contact Om Prakash, Director of Racial and Social Justice, and let us know of your interest. We suggest that you choose two representatives from each congregation who can serve as alternates so everyone doesn't have to attend every meeting. We intend to share in the growth and function of the committee to prevent burnout by the leadership. For any questions or comments please write to john@jpduua.org, or office@jpduua.org.



Book Club for UUS

When? July 20, 2009, 7:00 p.m.

Where? UUS

Book Pick? *Shadow Divers* by Robert Kurson

Join us for food and book discussion



A Don't-Miss-This Tech Summit!

Bonnie Lepoff

Saturday, September 26, 2009

8:30 a.m.—1:00 p.m. at the Cedar Lane UU Church, 9601 Cedar Lane, Bethesda, MD 20814

Whether you are a techie or someone who needs to improve your tech skills for your church work, come share your best technology practices and learn from others!

Topics covered may include:

- Social Networking and Blogging
- Website Management, Website Coordination and Design
- Web-Based Pastoral Care
- Content Development
- Internet Evangelism

Plus! Learn how you can prepare your church for the JPD Google Adwords Marketing Campaign

A continental breakfast and a networking lunch are included with registration

Childcare is available upon request

Details about registration, workshops, meals, childcare, and workshop leaders are in development and will soon be available on the JPD website at www.jpduua.org

This event is sponsored by the Chesapeake UU Growth Committee (www.baltwashuus.org).

Summer RE

DATE	TOPIC	LEADER	ASSISTANT	NURSERY	FLOATER
July 5	Valuing Myself and Others	J. Thede	M.Masiak	M. James	Need Help
July 12	Celebrating Our Differences	T. Dick	N. George	K. Ward	Need Help
July 19	Listening	T. Thede	D. Badgley	A. Wingo	Houck
July 26	Feelings	A. Lum	S. Tamres	S. Greene	Need Help
Aug. 2	Caring for Others	Need Help	S. Greene	Need Help	Need Help
Aug. 9	Resolving Conflict	Need Help	M. Dougherty	Need Help	Need Help
Aug. 16	Forgiveness	T. Thede	Need Help	Need Help	Need Help
Aug. 23	Play Creatively	Need Help	Need Help	Need Help	Need Help
Aug. 30	Caring for the Earth	M. Dougherty	D. Badgley	Need Help	Need Help
Sept. 6	What Can I Do?	L. Weaver	N. George	Need Help	Need Help

News from the UUS Director of Religious Exploration

Linda Weaver

Together We Play: Summer RE

It's fun and games with a purpose! This year's summer Religious Exploration (RE) program, Together We Play, is adapted from In Our Hands: A Peace and Social Justice Program published by the Unitarian Universalist Association. Stories, games and other activities encourages peace and justice, while helping children develop skills necessary to play, work and live well with others.

During the summer we offer one class for children in kindergarten through 6th grade. The nursery is available for younger children every Sunday. Older children and youth may attend the services or help in RE or the nursery.

Explore the World

Join the children of UUS in Religious Exploration beginning on September 20 as they explore world religions and cultures. Elementary age children will hear stories, do crafts, play games, and celebrate holidays from around the world. Children in middle school will study religions in the local area and visit some of our neighboring faith

communities. There are still openings for people to lead RE classes, help arrange child care for special events, plan or help with children's activities during special events, or help chaperon field trips.

To register your children, volunteer or to find out more about the children's RE program, contact Linda Weaver at redirector@uusterling.org.

Nursery Provider

UUS is planning to add a second hired nursery provider every Sunday beginning July 1. Please distribute fliers and let anyone who might be interested know. The successful candidate must be responsible and able to relate well with young children and others. First Aid and infant CPR certification and experience in daycare or preschool are preferred. The provider will work from 10-12 on Sunday mornings and additional days and times as mutually agreed upon. We also need a teen or adult to fill in when our current provider is unavailable and to work at special events when needed. Contact Linda Reeder at 571-451-9276 or mlreeder@gmail.com. You may also talk to Ken Ward or Alyssa Lum.



www.embracechildspirit.org

Workshop Opportunity

Local area churches would like to bring in Sally Patton, author of *Welcoming Children With Special Needs: A Guidebook for Faith Communities*, to lead a workshop on involving children with special needs in RE and the life of the church. This is a wonderful workshop and a great opportunity. However, to offer this there needs to be a firm commitment from enough people to fund it.

The workshop would be held Saturday, Nov. 21, 11:00 a.m.—5:00 p.m. at the Unitarian Universalist Church of Silver Spring, MD (10309 New Hampshire

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Ave). Cost is \$50 per person or \$200 per congregation. UUS hopes to have funding to cover part of this, but let me know if the cost would affect your decision to attend. Go to http://www.embracechildspirit.org/faith.htm#discriptions for an idea of the topics that may be included.

Please consider attending and let me know if you can commit at this time (re-director@uusterling.org).

Curriculum Planning

Do you have ideas for great crafts or games? Are you good at identifying the activities that will have children begging to come to UUS every Sunday? A curriculum planning meeting is scheduled for 7:00 p.m. on July 21. This is the perfect opportunity to share your ideas and help make 2009-2010 UUS Children's RE the best it can be!

The Roving Reporter

Susan Rose

What sorts of food would you like to make when we get our new kitchen here at UUS?

Makayla (9) Brownies and cookies for the whole church!

Anna (9) I would probably want to make a cake (chocolate with vanilla frosting) for every body!

Natalie (12) Sugar cookies and muffins! Also, we can bake clay jewelry and other things!

Julia (14) I also like the idea of brownies and chocolate chip cookies and we could help at the church pot lucks!

Charlie (15) I can't cook! But I can clean up the kitchen!

Aaron (9) I'd like to learn to cook okra! I've heard about it from my grandpa!

Partner Church News: Our Visiting Khasi Minister



Rev. Anya with Rev. Helpme Mohrmen at UUS reception on June 8

The Unitarian Universalists of Sterling (UUS) were grateful to receive Rev. Helpme Mohrmen on June 8, for a potluck meal and presentation. Rev. Mohrmen serves many congregations in the Khasi Hills of India including one in the small village of Kut.

The Kut congregation and UUS have been partner churches for about a year and are experiencing the richness of their budding relationship. Rev Mohrmen will be delivering drawings from the UUS Religious Exploration classes to the children in Kut. This will help weave another strand in our evolving connection.

Rev. Mohrmen encouraged us to see the Khasi Hills Unitarians as brothers and sisters in faith—while pointing out the many beautiful aspects of the Khasi Unitarian religion that grow from their deep traditional culture.

Francis David, a great Transylvanian Unitarian reformer, said: "We do not need to think alike to love alike." It is an honor to be a part of a religious tradition that welcomes participants to seek the truth as their consciences are called, while providing some ethical and theological standards to support spiritual growth and compassionate living. Rev. Mohrmen's visit proclaimed the potential of this religious presentation – a force that can build bridges between souls.

- Rev. Anya



Rev. Helpme Mohrmen preaching in Puriang, March 2008 (partner church of UU Fairfax)



Unitarian Church in Kut, India (Note the chalice window)

July 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	70	7	1. 7:00 p.m. BOT Transition Meeting	2.	3. 6:30 p.m. Band Practice 7:30 p.m. Families Anonymous	4. 5:00 p.m. AAFCJ
5. 10:30 a.m. Worship Service 10:30 a.m. RE Social Justice Meeting (After service) 3:30 p.m. AAFCJ			8.	9.	10. 7:30 p.m. Families Anonymous	11. 6:00 a.m. AAFCJ
12. 10:30 a.m. Worship Service 10:30 a.m. RE 3:30 p.m. AAFCJ	9:00 a.m. — 4:00 p.m. VA Girls Chorus	14. 9:00 a.m. — 4:00 p.m. VA Girls Chorus	15. 9:00 a.m. —4:00 p.m. VA Girls Chorus	16. 9:00 a.m. — 4:00 p.m. VA Girls Chorus	17. 9:00 a.m. —4:00 p.m. VA Girls Chorus 6:30 p.m. Band Practice 7:30 p.m. Families Anonymous	18. 10:00 a.m. Living by Heart UUS Board Retreat 5:00 p.m. AAFCJ
19. 10:30 a.m. Worship Service 10:30 a.m. RE Strategic Plan Presentation (After service) 3:30 p.m. AAFCJ	20. 9:00 a.m. — 4:00 p.m. VA Girls Chorus 7:00—9:00 p.m. Book Club	21. 9:00 a.m. — 4:00 p.m. VA Girls Chorus 7:00 p.m. Curriculum Planning	22. 9:00 a.m. —4:00 p.m. VA Girls Chorus	23. 9:00 a.m. — 4:00 p.m. VA Girls Chorus	24. 7:00 WEBS meeting 7:30 p.m. Families Anonymous	25. 5:00 p.m. AAFCJ
26. 10:30 a.m. Worship Service 10:30 a.m. RE 3:30 p.m. AAFCJ	27.	28. 10:30 a.m.— 2:00 p.m. GWAREC	29.	30.	31. 6:30 p.m. Band Practic 7:30 p.m. Families Anonymous	Summer

UUS Board of Trustees Meeting June 3, 2009

Jeff Chandler

Attendees:

President: Dave Miller

Vice President: Bonnie Lepoff Secretary: (Jeff Chandler)

Co-Treasurers: Paul Roche and (Alyssa

Lum)

At-Large: Ken Ward, Linda Reeder,

Scott Findley, (Belinda Bullock)

Minister: Rev Anya DRE: Linda Weaver

Former President: (Bryan George)

Treasurer's Report: Our cash flow is in good shape. We expect to have a good carryover, some of which we counted in our budget for next year. The balance will be kept in our reserve fund.

Old Business

New space: Dave received a letter from our landlord indicating the space should be available the end of November. We will need to finalize our plans by August or early September so that Tim can file for the construction permits and be ready to start work as soon as the space is vacant. Dave agreed to stay on as chair of the New Space Committee.

New Business

RE Policies and Forms: Linda Weaver has been working with Rev. Anya and

the RE Committee to draft a set of policies and forms for all RE volunteers and for all parents whose children participate in our RE program. The board approved them all, noting that they are, or will soon be, available on our web site. Linda also mentioned that we are using Church Mutual to conduct background checks of all volunteers. Their price is very reasonable.

New contracts: Paul will update them and ready them for signatures. Part-time employees, Linda Weaver and Kris Adams, will have more hours.

Additional nursery care provider: Linda Weaver is looking for a second provider. Paul mentioned that the position is funded for the whole fiscal

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August 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1. 5:00 p.m. AAFCJ
2. 10:30 a.m. Worship Service 10:30 a.m. RE BRIDGES Picnic 3:30 p.m. AAFCJ		4.	5. 7:00 p.m. Board Meeting	6.	7. 7:30 p.m. Families Anonymous	8. 6:00 a.m. AAFCJ
9. 10:30 a.m. Worship Service 10:30 a.m. RE 3:30 p.m. AAFCJ	10.	11. Ha	12.	13.	14. 7:30 p.m. Families Anonymous	15. 10:00 a.m. Living by Heart 5:00 p.m. AAFCJ
16. 10:30 a.m. Worship Service 10:30 a.m. RE Social Justice Meeting (After service) 3:30 p.m. AAFCJ	17. 7:00—9:00 p.m. Book Club	18.5	uming	20.	21. 7:30 p.m. Families Anonymous	22. 5:00 p.m. AAFCJ
23. 10:30 a.m. Worship Service 10:30 a.m. RE Strategic Plan Presentation (After service) 3:30 p.m. AAFCJ	24.	25. 6:00 a.m.— 10:00 p.m. Old Sterling Gable HOA Meeting	26.	27.	28. 7:00 WEBS meeting 7:30 p.m. Families Anonymous	29.
30. 10:30 a.m. Worship Service 10:30 a.m. RE 3:30 p.m. AAFCJ						

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year, starting July 1. Ken Ward and Linda Reeder will assist with the search and hiring process.

Announce list: A question arose about who can be added to the announce list. The answer is anyone who has visited UUS or is requested by a current member or friend. We want to make it easy for people to be on the announce list so even though how to join is in the OOS, we will announce after the service that a sign-up sheet will be available during coffee hour.

Social Justice: Bonnie, Cathy Tucker, and John Bott attended the UUSJ workshop on May 30th. Based on the

information presented and the energy created, we will invite members of the congregation to work with us over the summer to organize our 2009-2010 program.

Ministerial Evaluation: Dave will start the evaluation, then forward it to Board members for our input. We will complete the evaluation before GA which means less than three weeks.

Board transition meeting: The transition meeting will be the next Board meeting. Rev. Anya noted that she will not be present for the July or August meetings. Paul will get new signature cards for our bank account. Incoming board members need to submit bios for

the web site. We will put together a checklist of what they should have and should read. The Strategic Plan should be high on that list.

Dave and Bonnie will meet with Rev. Anya on July 8 to plan for the Board Retreat, which will be held on July 18.

July 1: Transition Board meeting

July 18: Board Retreat

Cards: A thank-you card to Rev Terry Ellen for preaching on the 31st and for conducting the UUSJ workshop. A thank- you to Janice Thede and Joan Johnson for organizing the book club.

Readings and snacks for July Board meeting: Linda Reeder



Unitarian Universalists of Sterling

PO Box 1632 Sterling, VA 20167 (703) 406-3068 http://uusterling.org



22135 Davis Drive Suite 104 Sterling, VA 20164

Office hours are: Monday, Wednesday, & Thursday 10:00 AM—4:30 PM

Your Church Leadership

Minister: Rev. Anya Sammler-Michael

Director of Religious Exploration: Linda Weaver; Music Director: Kristina Adams

2009-2010 Board of Trustees: <u>President</u> - Bonnie Lepoff; <u>Vice President</u> - Cathy Tucker; <u>Secretary</u> - Joan Johnson; <u>Treasurer</u> - Paul Roche; <u>At-large</u> - Dorine Scher, Ken Ward, Linda Reeder, Belinda Bullock; <u>Youth Member</u> - Julia Burns

UUS Mission Covenant Statement

The Unitarian Universalists of Sterling offer a place where reason and spirituality converge. We welcome members of the community who are seeking such a religious home.

Our mission is to make the community a better place to live by promoting a variety of religious expressions, working toward social justice, and fostering diversity. In order to carry out this mission, we covenant to listen to each other, encourage the exchange of creative thought, and respect our differences.

UUS Sunday Services 10:30 AM

Unitarian Universalists of Sterling meets at the Sterling Oaks Commerce Center Sterling, a handicapped-accessible 24-7 facility, located on 22135 Davis Drive near Route 28 and Church Road in Sterling, Virginia. Child care and children's religious education are both provided during worship services. Dress is casual. Children are encouraged to wear play clothes.

From Northbound Route 28: Take Route 28 North exit from the Dulles Toll Road. Turn right at Church Road. Turn right on Davis Drive. Go about one block and turn right into the parking lot.

From Southbound Route 28: Take Route 28 south from Route 7. Head east on Church Road. Turn right on Davis Drive. Go about one block and turn right into the parking lot.

From Westbound Route 7: Turn left at Sterling Boulevard. Turn right at Church Road. Go three miles. Turn left on Davis Drive.

Go about one block and turn right into the parking lot.

What's with UUS

Communications Committee Chair: Susan Miller

Editor: Bob Brown

Media Relations: Terry Dick

Production: Jeff Chandler, Susan Miller

Board Liaison: Bonnie Lepoff

To submit material for publication, send by email to newsletter@uusterling.org

Submission Deadlines

8/21 for September 9/18 for October 10/16 for November