

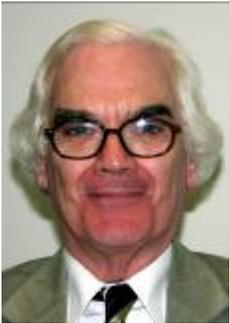


# What's with UUS

Newsletter of the Unitarian Universalists of Sterling  
A Welcoming Congregation  
Sterling, Virginia



## Minister's Message



It's that canvass-time again, when all good UUs come to the aid of the party and do so with good faith and good cheer! There's an especially good reason for folks to be generous and

even visionary this year because, with the prospect of a new full-time minister, the congregation enters what we hope will be a new era of growth and service to the community. To do so, the institution has to be supported to meet both our housekeeping and our visionary goals.

There is no better place to begin a new era - with a new minister - than to revisit our Vision and our Mission! We can say that our vision and our mission is to bring the "good news" of Unitarian Universalism to our larger community - the message of a "liberal faith" as truly good news to so many people seeking a genuinely religious place where they are not obliged to subscribe to creed, book, or dogma, but to joyfully celebrate reason, conscience, and tolerance as foundation stones of all we come to believe - and choose to believe! This, surely, is our Vision and our Mission: to proclaim our liberal values in our community and to act upon them where we can for the greater good, lending our voice to humane causes in our country and community or confirming people in their search for their own personal religious truth.

However expressed by congregations or individuals, this is, and always was, the Vision and Mission of the free church. At the time of canvass, there is an understandable concern, and sometimes

*(Continued on page 2)*

## President's Column



With the entrance of March comes another season of change, as spring begins to make herself seen all around us. As I write this the trees in my front yard and the deck in my back yard are still

covered in ice and spring seems as far away as it did in early January, but I'm hopeful that we have few, if any, snowstorms left before us this winter. I have enjoyed the snow we had, but I'm getting ready for a change to warmer temperatures. As far as I'm concerned, whoever planned the seasons did a great job...just when I feel I've had my fill of one season, another is just around the corner!

As I mentioned in my column last month, March is our Canvass month, and on the 10<sup>th</sup> we'll kick it off with a dinner at UUS. The Canvass Kick-Off dinner is always a fun event, and this year looks to be no different. I hope everyone is able to join us. The Canvass goes until the end of the month, at which time the Finance Committee compares the bottom line canvass commitments with the draft budget that has already been prepared and reviewed by the Board. Hopefully this will be a tremendously successful Canvass and the Finance Committee will be able to add to budgeted amount for the minister's salary.

Although small in numbers, we are a very generous congregation, as evidenced by the fact that we have permanent worship space and are working towards finding and hiring a full-time settled minister. From what I understand, it's not typical for

*(Continued on page 2)*

## Worship Calendar

**March 4 "Money and Mission"** (Rev. Matthew) Too often "money" and "mission," the two essentials of a vibrant and growing religious community, are treated in separate compartments. It goes without saying that they really and truly belong together and, of course, both must be supported. In this spirit, I want to suggest that money follows mission, not the other way around!

**March 11 "A Saint Patrick's Day Celebration"** Paul Roche and Sonya Connors, and maybe others, will play live Irish music. Discussion will focus on life and despair in the Irish.

**March 18 "The Rites of Spring"** (Rev. Matthew) This time of year is the hallowed time of the sowing of the seed. For our ancestors, this was not a mechanical thing, but something of the deepest religious importance, built into the psyche and religion of the old paganism. Even the great feasts of Jewish Passover and Christian Easter had their origins in the immemorial, pagan "Rites of Spring." "Easter" was given its name from "Aostre," the old Germanic goddess of fertility. It's good to pause and honor the "pagan" antiquity that lies behind both!

**March 25 "Freeing Our Families from Perfectionism"** Does your child - or do you - hesitate to take risks for fear of failing? Experience frequent stress and anxiety? Procrastinate a lot? Expect too much of self or others? Based on the book of this title, our guest preacher, Rev. Melora Lynngood, will explore the challenging phenomenon of perfectionism as it affects children, adults, families - and church families.

# Sustainable Alternatives

## 2006 Word of the Year

Carbon neutral. According to the New Oxford American Dictionary, “carbon neutral” is the 2006 word of the year. Let’s overlook the fact that this is actually two words and consider what it means.

Carbon neutral describes making choices that do not increase the amount of carbon dioxide in the atmosphere. As most people are aware, the increasing level of atmospheric carbon dioxide is a big factor in global warming. According to the EPA, the average American household of two people is responsible for about 41,500 pounds of carbon dioxide emissions.

There are many ways to reduce the amount of carbon dioxide your lifestyle creates, and not all of them entail significant changes. For example, simple changes can **improve the fuel efficiency of your current vehicle**. Consider the following list from [www.mpgplus.com](http://www.mpgplus.com):

1. Keep your engine tuned up. Incorrect fuel ratio, bad spark plugs and incorrect spark timing can have a big effect on gas mileage.
2. Don't use your air conditioner (A/C) unless you really need it. The A/C compressor puts an extra strain on the engine.
3. Make sure your tires are properly inflated. Under inflated tires cause more resistance to travel.
4. Avoid stop and go traffic by taking alternative routes or less congested travel times.
5. Ask other people with the same type of car what kind of gas mileage they get, it may alert you to a problem with your car.
6. Use a good engine oil, preferably a synthetic or standard oil treated with a friction reducing oil additive. These have been known to improve fuel economy by as much as 12%.
7. Reduce the weight in your vehicle as much as possible.

8. Use your cruise control whenever possible.

9. Keeping your highway speed at 55 mph can improve your gas mileage by as much as 25%, compared to 75 mph. (Yeah, I know--this one's tough for us too)

10. Avoid trying to increase speed while climbing a hill, your engine is already working hard trying to overcome gravity.

11. Keep your windows closed when possible. Open windows actually reduce gas mileage compared to using the A/C.

12. Remove accessories, such as luggage rack, etc. that lower the aerodynamics of your vehicle.

Another way to reduce your carbon footprint is to **eat in season as much as possible**. If the foods you eat are produced within 100 miles of where you live, they did not travel as far. The added benefit is that this food is also much fresher. Here are some web resources about local food:

[www.sustainabletable.org/shop/eatseasonal/100milediet.org/](http://www.sustainabletable.org/shop/eatseasonal/100milediet.org/)  
[www.ams.usda.gov/farmersmarkets/States/State06.pdf/Virginia.pdf](http://www.ams.usda.gov/farmersmarkets/States/State06.pdf/Virginia.pdf)

Finally, when all else fails, it is possible to **buy carbon offsets** to become carbon neutral. Companies offering this service invest the funds in activities that promote carbon reduction. This can include installing solar panels or turbines, or just planting trees. The Consumer Guide to Carbon Offsets profiles different carbon offsetting companies and explains carbon offsets in greater detail. <http://www.cleanair-coolplanet.org/ConsumersGuidetoCarbonOffsets.pdf>

**If you are interested in exploring this idea further**, this EPA website helps people calculate their carbon dioxide emissions and also provides calculators for exploring ways to reduce this amount: [www.epa.gov/climatechange/emissions/ind\\_calculator.html](http://www.epa.gov/climatechange/emissions/ind_calculator.html)

*(Minister, Continued from page 1)*

anxiety, about defining and meeting financial priorities, but we should remind ourselves that in the concerns to meet financial needs, our Vision and Mission goals are not a “by-the-way” footnote! Vision and Mission should not be in the background of our concerns, but front and center. Vision and Mission are not the icing on the cake, but the cake itself!

We may say one of two things here: either, let’s worry about the money and then we can concern ourselves with Vision and Mission, or, let’s put Vision and Mission front and center and see what happens! And what happens is that the money follows, because we are as much financing a passionate inner ideal as an institution. Our motto this year, as every year, is that money follows - and serves our vision and our mission! UUS stands at the edge - the cutting edge - of what we hope will be a fresh era of growth, not growth for its own sake, but for the sake of the community-at-large which always needs the forceful and articulate voice and witness of a free faith.

*Reverend Matthew*

*(President, Continued from page 1)*

congregations of fewer than 100 members to have full time ministry or full time worship space, and we have both...or at least we’re working towards having both!

I challenge everyone to reach deep into your pockets, and increase your pledge from last year by 10%. If we are each able to do that, then not only do we improve our chance of increasing the offered salary, but we can also make the job of the Ministerial Search Committee a little easier.

I continue to feel honored and privileged to be a part of this congregation.

Blessings to you all,

Kim

# Religious Exploration

The elementary school age children continue to explore world religions and cultures by celebrating holidays and holy days. Here are a few questions to test your knowledge of holidays. Be prepared! The children might quiz the adults.

1. Powamu:

a. is also called the Bean Planting Festival.

b. is a Hopi holiday that celebrates the return of the kachinas.

c. was celebrated in RE on February 25.

All of the above.

2. No Ruz:

a. is celebrated with colored eggs.

b. is celebrated by throwing away bad feelings and quarrels.

c. is the Iranian New Year.

All of the above.

3. The celebration of Muhammad's birthday:

a. takes place on March 3.

b. is Maulid al Nabi.

c. is recognized by all Muslims.

All of the above.

You can provide the children with an even richer experience by sharing your personal stories or interests. Contact the leader of the related class or Linda Weaver ([weaver.linda@verizon.net](mailto:weaver.linda@verizon.net) or 703-481-5415).

Answers: 1.d, 2.d, 3.b.

# Roving Reporter

By Susan Rose

Picking up on Youth Service themes, do you have a favorite song? A favorite hobby?

**Noah (10)** I like building things with Legos - and Michael Jackson's "Beat It!"

**Tia (9)** Riding horses is my favorite, and I like Hip Hop!

**Joanna (8)** Riding horses is my favorite too, and Hip Hop!

**Kevin (13)** I like to play video games, and Air Soft sometimes with Andrew!

**Matthew (12)** My favorite hobbies are wood carving, and making chain mail out of metal!

**Julia (15)** About the music in today's service: the first song was "techno," the second "alternative," and the third "alternative rock"!

## Religious Exploration Schedule

Date	Holiday	Leader	Assistant	Nursery
4-Mar	Africa Day	Scher	George	Lum
11-Mar	St. Patrick's Day	Chandler	Confoy	Douoguih
18-Mar	No Ruz	Rothman	Chandler	Glass
25-Mar	Maulid al Nabi	Rothman	Ward	Douoguih
1-Apr	Passover	Connors	George	Dick
8-Apr	Easter	No RE	No RE	Weaver
15-Apr	Buddha's Birthday	Scher	Ward	Lum
22-Apr	Earth Day	Connors	Scher	Need Help
29-Apr	Japanese Children's Day	Rothman	Dick	Need Help

## Small Group Ministry

Spring is just around the corner, although you certainly can't tell it by looking out the window! As you get ready for spring and all the activities that come with this season, remember that UUS small groups can keep you grounded and provide a welcome respite. Small group ministry provides a way for members and friends to keep in touch during the week, and this contact can be just what you need, especially if you can't make every Sunday service. More information on all small groups is available on our website ([www.uusterling.org](http://www.uusterling.org)). Watch for announcements from these groups. UUS small groups are always open to new members.

### Choir

The choir rehearses each Thursday evening and Sunday mornings when we sing. We plan on singing at two services each month. New voices are always welcome. See our music director, Dan Boothe, or any choir member if you are interested.

### Covenant Groups

Covenant Groups meet once a month to discuss a topic related to spiritual growth. There are three groups meeting once a month on Monday, Tuesday and Wednesday evenings. If you would like to join one of them, send an email to Shelley Tamres at [shelleytam@aol.com](mailto:shelleytam@aol.com) or check our website and pull down the menu bar under 'Ministry' for more information.

### Elder Care Support Group

The Elder Care Support Group meets for breakfast at 8:30 am the second Sunday of each month at the Virginia Kitchen in Herndon to discuss issues related to caring for our parents. The coffee is always ready for us. If you would like to join this support group, contact Mike Berger or just show up.

### Men's Spirituality Group

The Men's Spirituality Group meets at the church on the second Friday of the month from 8-11 pm. If you are interested in joining this friendly game of poker, contact Dave Scher at

## Hear a New Beat, Meet New People

Honoring differences - learning from others - finding your own voice - we think these are great principles to live by. What happens when you live them as a musician?

Come hear Word-Beat, with world percussion master Tom Teasley and vocalist Charles Williams on Friday, March 16, 7:30 pm at UU Sterling. Word-Beat brings together poetry, ancient rhythms, and melodies from around the globe, mixed with modern sounds in vibrant new musical combinations. UU Sterling is hosting this series with Tom and friends, who will present a different program on the third Friday of each month, starting in March. Tickets are \$10, available at the door.

Tom has made his mark around Washington. The *Washington Post's* Celia Porter recently dubbed him "the evening's dazzler" at the Corcoran. The Kennedy Center made him artist-in-residence, noting, "Tom is constantly striving to extend the boundaries of existing musical styles." Word-Beat performed at Alexandria's First Night this past New Year's Eve and drew a crowd that filled the room and spilled out the door.

Tom performs with a passion for hand drums, respect for ancient musical origins, and the free spirit of jazz improvisation. Charles adds his acclaimed baritone, bringing to life

[david\\_scher@yahoo.com](mailto:david_scher@yahoo.com).

### Women's Earth-Based Spirituality Group (WEBS)

In this circle of UUS women, we explore the UUA sixth source of wisdom - "Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature." The UUS WEBS Group usually meets the fourth Friday of every month. Watch for the announcements. For more information, contact Becky Fockler at [bfockler@verizon.net](mailto:bfockler@verizon.net).

African American proverbs, verse, and spirituals. Charles's voice has taken him to the Metropolitan Opera to perform in *Porgy and Bess* and, recently, to the Paris Opera House and Warsaw Opera House to perform in Robert Wilson's *The Temptation of St. Anthony*.

Tom and Word-Beat are artists-in-residence at All Souls Unitarian Church in DC, where they draw on writings from people such as Dr. Martin Luther King, Jr. and Langston Hughes, and weave together rhythms and instruments from the Middle East, India, Africa, and the Americas.

Lately, Tom has sought venues closer to home in Virginia. UU Sterling is proud to host Tom's latest concert series, following enthusiastic responses to ongoing work at All Souls and a series finished last year at Mount Vernon Unitarian Church to benefit a non-profit serving families in need.

"I suppose all musicians would like to imagine that their music has some sort of healing property and serves a greater good," Tom explains. "I have been searching for a way for my music to have a direct impact on my community, in addition to whatever aesthetic value it may have."

We welcome members, friends, and the local community to enjoy this third-Friday concert series starting in March. For more details or your own preview, sample clips and images at [www.word-beat.com](http://www.word-beat.com), [www.tomteasley.com](http://www.tomteasley.com), or contact Scott Findley at ([SFind39@aol.com](mailto:SFind39@aol.com)) at UU Sterling.



## UU Niagara Experience

July 15-18, 2007

The First Unitarian Universalist Church of Niagara is conducting a four-day tour and a lifetime opportunity to experience the Falls from up-close and from every perspective (even safely riding in a tethered balloon). Adventurers can hike down the Niagara gorge, dip their toes in the Rapids, or visit one of the nation's newest casinos. Explore the rich historical, cultural, and architectural heritage too - with knowledgeable, local UUs as your personal guides.

One day, a tour will have guests on the Maid of the Mist, Behind the Falls, and viewing the Falls from both the US and Canadian sides. Another day, an historical tour will include the Erie Canal and Locks, an Underground Railroad Experience, and Old Fort Niagara.

Niagara Falls is one of the top tourist and vacation destinations in the country. The UU Niagara Church is located a short walk from the Falls. They reserve the best commercial Bed & Breakfast Inns for their guests. The Church operates a hospitality center offering refreshments and a chance to rest or visit. They provide the highest quality tours and enjoyable accommodations at a very affordable price. Area hotels and restaurants are crowded and expensive during this busy season. Enjoy dinner parties at the Church and lively conversations with your new UU friends.

The total cost is \$500 per person. This price includes everything - three nights' accommodations, meals, all entrance fees, local transportation, and guided tours of the finest area attractions. Plus, your payment supplies financial support for the UU Niagara Church. A \$100-per-person deposit will reserve your place. Register today, as the number of guests they can accommodate is limited! This event has sold out the last three years!

For more information, visit the website at <http://www.uunex.net>, send an email to [info@uunex.net](mailto:info@uunex.net), or call (716) 791-4453.

# Beacon House Community Ministries/ Unitarian Universalists for Social Justice Fundraiser Sunday, March 25, 2007

*Honoring Rev. Donald E. Robinson,  
First Community Minister to receive UUA fellowship and  
founder of Beacon House*

**Keynote Speaker:**

**Rev. William G. Sinkford,**

President of the Unitarian Universalist Association (UUA)

**Gathering: 2:00**

**Program: 2:30-3:30**

**Reception: 3:30- 4:30**

**At Beacon House Community Ministries  
601 Edgewood St., NE Washington, DC 20017**

*Suggested Donation Amounts:*

\_\_\_\$15 \_\_\_\$25 \_\_\_\$50 \_\_\_100 \$\_\_\_ (amount)

*Beacon House will receive 2/3 of net proceeds and UUSJ will receive 1/3 net proceeds.*

Make your tax-deductible check payable to UUSJ with Beacon House on the memo line and mail to:

Unitarian Universalist for Social Justice  
8605 Cameron St, Suite 200  
Silver Spring, MD 20910

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

# UUS Board Meeting Highlights February 5, 2007

## Attendees

Kim Fitzgerald, Judy Gruner, Reverend Matthew McNaught, Bryan George, Terri Glass, Linda Weaver, Scott Findley, Shelly Tamres, Mike Masiak

## COMMITTEE LIASON REPORTS

### Membership Committee

Board approves funding for a membership book stand.

Mike and Dave are coordinating software to see if they can get Maria set up to do the membership report.

Path to Membership words are amended and appended to the board host binder. The board host will need to be available at the minister's office on days when the minister is not present.

Mike Masiak has a heavy work schedule this year and expressed interest in finding a replacement membership chair.

### Treasurer's Report

We are now 58% of the way through the 2006-07 fiscal year. We have collected \$88,868 which is 67% of the total budgeted income. Year-to-date expenses are \$78,720 or about 52% percent of the budgeted amount.

In our general bank account, \$15,407 is available for general operations; \$3,993 in other funds is allocated to the remaining Chalice Lighter Grant, House Pins, Free Trade Coffee, Music, Youth Group and Social Action accounts. In our reserve accounts, \$23,426 is available for general operations and \$33,083 is in the Building Reserve funds.

### Religious Exploration Report

- Recruiting adults to provide nursery care continues.
- Middle school class visited the Buddhist monastery on Jan. 7.
- Collected Guest at Your Table donations and processed and mailed them to the UU Service Committee. with a total of \$101.31 from 5 individuals or families.
- Arranged visit to the U.S. Soldier's and Airmen's Home on Feb. 11th.

## Music Committee

The music committee is planning to purchase new UU hymnal for choir members. A small fund raiser might be held to help raise money for this purchase.

## Worship Associates

Dee Idnani has accepted our invitation to speak about the Partner Church Program in India on May 13, 2006.

A picnic with the Loudoun UUC is being considered for June 24th (GA Weekend)

## Music Series

Scott Findley gave an update regarding the Word-Beat concert series with percussionist Tom Teasley. A performance agreement was reviewed and voted unanimously to execute the contract and proceed with the series. The concert series is scheduled for the third Friday of March, April, and May.

## Ministerial Care

The board held a discussion in regards to publicizing the availability of confidential meetings with the Minister and/or Board President to discuss serious issues.

## At Beacon House

On Sunday, March 25, 2007 a fundraiser honoring Rev. Donald E. Robinson, first Community Minister to receive UUA fellowship and founder of Beacon House will be held. The keynote speaker will be Rev. William G. Sinkford, President of the Unitarian Universalist Association (UUA). Gathering: 2:00, Program: 2:30-3:30, Reception: 3:30- 4:30 at Beacon House Community Ministries 601 Edgewood St., NE Washington, DC 20017. Beacon House will receive 2/3 of net proceeds and UUSJ will receive 1/3 net proceeds. Make your tax-deductible check payable to UUSJ with Beacon House on the memo and mail to Unitarian Universalist for Social Justice 8605 Cameron St, Suite 200 Silver Spri ng, MD 20910

## Denominational Affairs

The Baltimore-Washington Growth Committee's New Large Congregation Task Force is expressing renewed interest in Loudoun County as a focus area for denominational growth by way of a new church. To date there has been more discussion than action, but we are obviously tracking developments and

will participate in any process that evolves.

## Other

An approved Press Release and Media Relations policies has been posted on the Web.

2'x2' directional road signs suitable for the corners of Sterling Blvd/Davis Dr. and Church Rd./Davis Dr. are being purchased.

Maria Josephs will be having surgery on 3/9/07; and therefore will not be available to work on the 3/11/07 and 3/18/07 OOS'. She will be unavailable from 3/5-3/19.

## Canvass Preparation and Schedule

The canvas kick-off dinner will be held on March 10. Speaker testimonials are scheduled to be given on Sundays, from January 28<sup>th</sup> through March 4<sup>th</sup>.

## Board Host Schedule

February 4: Scott Findley  
February 11: Shelley Tamres  
February 18: Kim Fitzgerald  
February 25: Bryan George  
March 4: Scott Findley  
March 11: Terri Glass  
March 18: Judy Gruner  
March 25: Bryan George

## Upcoming Regular Board meetings are held at 7:00 p.m. at UUS:

Wednesday, March 7  
Wednesday, April 4

## Rebuilding Together

Mark your calendars for April 28, 2007. Then sign up to help us rehabilitate a home in Loudoun County that otherwise might fall into such disrepair that the owner could no longer safely reside in it. The sign-up sheet is at church, or contact Terri Glass, terriglass@adelphia.net.

Rebuilding Together, formerly Christmas in April, matches volunteers with homes in need of repair. Qualifying homeowners must be financially unable to make the needed repairs themselves and be elderly, physically disabled, or a family with children. To find out more about the program, their website is [www.rebuildingtogether.org](http://www.rebuildingtogether.org).

# March 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b>	<b>2</b>	<b>3</b>
				7:30PM-9:00PM <a href="#">Choir Rehearsal</a> - <a href="#">Shelley Tamres</a>		6:00AM-5:00PM AAFCJ - Joan Confoy  6:00PM-8:00PM Church space reserved
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
10:30AM-11:30AM Worship Service "Money and Mission" by <a href="#">Rev. Matthew McNaught</a> ; <a href="#">Children</a> : Africa Day (Scher, George); Nursery: Lum 3:30PM-9:30PM AAFCJ - Joan Confoy			7:00PM-9:30PM Board Meeting - <a href="#">Kim Fitzerald</a>	7:30PM-9:00PM <a href="#">Choir Rehearsal</a> - <a href="#">Shelley Tamres</a>	5:00PM-10:00PM Church space reserved for Jewish celebration - Rabbi Bonny Grosz	Church space reserved for Canvass Dinner
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
8:30AM - <a href="#">Elder Care</a> Breakfast @ Virginia Kitchen in Herndon - <a href="#">Mike Berger</a> 10:30AM-11:30AM Worship Service by "A Saint Patrick's Day Celebration" Paul Roche and Sonya Connors, and maybe others, will play live Irish music.; <a href="#">Children</a> : St. Patrick's Day (Scher, Confoy); Nursery: help needed 3:30PM-9:30PM AAFCJ - Joan Confoy	Monday Night <a href="#">Covenant Group</a> - Vienna	Tuesday Night <a href="#">Covenant Group</a> - Sterling	Wednesday Night <a href="#">Covenant Group</a> - Ashburn	7:30PM-9:00PM <a href="#">Choir Rehearsal</a> - <a href="#">Shelley Tamres</a>	April Newsletter Deadline	5:00PM - 10:00PM AAFCJ - Joan Confoy
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
10:30AM-11:30AM Worship Service "The Rites of Spring" by <a href="#">Rev. Matthew McNaught</a> ; <a href="#">Children</a> : No Ruz (Rothman, Chandler); Nursery: help needed 3:30PM-9:30PM AAFCJ - Joan Confoy				7:30PM-9:00PM <a href="#">Choir Rehearsal</a> - <a href="#">Shelley Tamres</a>	7:00PM-10:00PM <a href="#">Women's Spirituality</a> - <a href="#">Becky Fockler</a>	5:00PM - 10:00PM AAFCJ - Joan Confoy
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
10:30AM-11:30AM Worship Service "Freeing Our Families from Perfectionism" By Rev. Melora Lynngood; <a href="#">Children</a> : Maulid alNabi (Rothman, Ward); Nursery: help needed 3:30PM-9:30PM AAFCJ - Joan Confoy			7:00PM-9:00PM Membership Committee - <a href="#">Mike Masiak</a>			5:00PM - 10:00PM AAFCJ - Joan Confoy



**Unitarian Universalists of Sterling**  
PO Box 1632  
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(703) 406-3068  
<http://www.uusterling.org>



### ***Your Church Leadership***

**Interim Minister:** Rev. Matthew McNaught ; **Director of Religious Exploration:** Linda Weaver

**Music Director:** Daniel Boothe

**Board of Trustees:** *President* - Kim Fitzgerald; *Vice President* - Bryan George; *Secretary* - Scott Findley;  
*Treasurer* - Art Rose; *At-large* - Terri Glass, Judy Gruner, Bill Roman, Shelley Tamres

### ***UUS Mission Covenant Statement***

The Unitarian Universalists of Sterling offer a place where reason and spirituality converge. We welcome members of the community who are seeking such a religious home. Our mission is to make the community a better place to live by promoting a variety of religious expressions, working toward social justice, and fostering diversity. In order to carry out this mission, we covenant to listen to each other, encourage the exchange of creative thought, and respect our differences.

### ***UUS Sunday Services 10:30 AM***

**Unitarian Universalists of Sterling** meets at the Sterling Oaks Commerce Center Sterling, a handicapped accessible 24-7 facility, located on 22135 Davis Drive near Route 28 and Church Road in Sterling, Virginia. Child care and children's religious education are both provided during worship services. Dress is casual. Children are encouraged to wear play clothes.

From Northbound Route 28: Take Route 28 North exit from the Dulles Toll Road. Turn right at Church Road. Turn right on Davis Drive. Go about one block and turn right into the parking lot.

From Southbound Route 28: Take Route 28 south from Route 7. Turn left at Church Road. Turn right on Davis Drive. Go about one block and turn right into the parking lot.

From Westbound Route 7: Turn left at Sterling Boulevard. Turn right at Church Road. Go three miles. Turn left on Davis Drive. Go about one block and turn right into the parking lot.

### ***What's with UUS***

**Communications Committee Chair:** Terry Dick; **Editor:** Linda Reeder

**Production:** Jeff Chandler, Susan Miller

**Board Liaison:** Terry Dick

To submit material for publication send by email to [uus-newsletter@yahoo.com](mailto:uus-newsletter@yahoo.com)

### **Submission Deadlines**

02/16/07 for March

03/16/07 for April

04/20/07 for May