



# What's with UUS

Newsletter of the Unitarian Universalists of Sterling  
A Welcoming Congregation  
Sterling, Virginia



## Minister's Message



### What We Labor For

Rev. Anya Sammler-Michael

A bold young fawn was just chased through the field behind my house by a larger deer – likely the mother or father. Watching, I remarked on the fawn's small frame. It seemed odd to see such a young deer so late in August. I hope its delicate frame will carry it through the harder months ahead where food is less plentiful and the temperatures less placid.

We are at the edge of the summer – being drawn slowly, back into our routines – work or school or seeing our young ones off to their activities. We may do so with anticipation or anxiety – knowing very full and often exhausting days are ahead, but I hope we all do so sensing that the summer has brought us some rest – some time for quieter reflection and growth.

I am so grateful for my summer rest. This congregation, as most Unitarian Universalist congregations offers their ministers both vacation and study leave. This is a profound gift that I do not take lightly.

In the beginning of September we celebrate Labor Day – a holiday that acknowledges the sacrifices and the dignity of laborers. This is a day for rest – a day when children can forgo classes and workers should be able to stay home.

Reflecting on the gift of my summer leave I am profoundly aware that my situation is unique. The majority of the American population is overworked.

*(Continued on page 2)*

## Minister's Message



### September Has Arrived

Bonnie Lepoff

September. The other first month. January begins the calendar year and July begins the fiscal year. But September begins the school year and doesn't that really define our calendar? Vacation is over and it's time to get back to school or work or church. As we begin the new church year, we have much to look forward to. Our social justice calendar is going to be full of activities. Some encompass the entire year like our ESL program which will be expanding this year. Others are one shot events like our support of the Holiday Coalition program. We will be including intergenerational activities, too; your whole family can work together on Stream Monitoring or in our expanded ESL program. Find a project or two that fit your interests and time availability.

We'll be spreading out into the space next door, hopefully in January. There will be plenty of work to do to get ready for the move and to actually make the move. Watch for the announcements requesting your help as we use this opportunity to get rid of things we don't need anymore and replace things that are beyond their useful life. I'm looking forward to a busy, fun time as we stretch and fit into the new space.

There will be new adult RE classes offered this year. I've had a sneak preview of the offerings and already I'm struggling to decide which ones to take. I want to take them all! Classes will include 'Contemporary Bible Study', 'Soul Work – An exploration of Race,

*(Continued on page 2)*

## Worship Calendar

Rev. Anya Sammler-Michael

**September 6th** "Our guest speaker will be the famous author Samuel Clemens, better known as Mark Twain. He will be channeling his remarks through the body of Mr. Frank Dixon., who addressed us last year on the philosophy of Spinoza. Mr. Dixon resides in Madison, VA, and has just completed a book on Spinoza's conception of God."

**September 13th** "One River that Flows Through All" Rev. Anya Sammler-Michael leads this annual intergenerational service of Ingathering, and invites us all to participate in a Water Ceremony. Bring a small container of water – representative of a summer experience (water from a lake or ocean you visited, water from your backyard or kitchen sink.) We will gather our water as we gather in fellowship, and we will hear from our UUS choir led by Kris Adams.

**September 20th** "We are all Called" Rev. Anya Sammler-Michael challenges the assumption that only religious professionals are called – inviting us all to embrace the notion of personal calling.

**September 27th** "Who deserves to Marry– is the debate about Love or License?" Rev. Anya Sammler-Michael explores the history of marriage rites, rituals and public vows – and reflects especially on how this history pertains to the current struggle for marriage equality. Our service will include songs by our children's choir and our UUS choir led by Kris Adams.

**October 4th** "An Animal Blessing" Rev. Anya Sammler-Michael leads this annual intergenerational service that honors our non-biped friends and companions. We will have an

*(Continued on page 2)*

*(Minister Continued from page 1)*

Many labor in jobs where they are afforded little or no time off – and many are asked to work long difficult hours without adequate compensation.

In this time of economic turmoil and confusion the pressures upon all workers are great. If they are lucky enough to retain employment their employers can pressure them to dole out more product for less pay ... or else.

Labor day comes on the edge of summer. It reminds us to honor laborers but it does so by calling us to rest. We are not solely the product of our labor. Our jobs should not define our existence. Without rest and reflection we can easily lose sight of the larger picture – that we are called to something more than ‘production,’ more than getting the job done.

Like the deer who I hope has grown enough in the warm easier months of summer to make it through the harsh winter, I wish for us all the space to grow into our full selves so that our labor does not overtake our being.

Our liturgical theme for September is “Call / Vocation.” I look forward to sharing more on this theme throughout the month and especially on September 20th – What do we labor for? What are we truly called to do? Is there space in our lives to do/live both?



*(Worship Calendar Continued from page 1)*

opportunity to honor our dear departed pets as well as the animals that share our lives presently. All are encouraged to bring a memento or picture of the animal they would like to honor. Our choir led by Kris Rector will sing, and we will begin with a hymn sing at 10:15. Newcomers – an inquirer’s class will follow the service at noon.

## Church Art Show

Trish Harris

Photography and Weaving: Photographer Andee Bailey, and Hand Weaver Trish Harris will show their collaborative collection of black and white work during September and October in the art space at UUS. The photos feature shorelines, while the weavings feature line, form and intuitive interpretations’ of the photos. An artist reception will be announced soon.

*(President Continued from page 1)*

Theology, and Justice’, and ‘Building Your Own Theology’.

Social activities that will continue next year include the book club, ballroom dancing, and the fabric/crafts group. These are great ways to enjoy your free time and get to know other UUS’ers at the same time.

I haven’t even mentioned small groups yet. Our small group ministry program includes Covenant Groups, the Women’s Earth Based Spirituality Group, the Men’s Group, and the Elder Care Support Group. Each of these groups meets monthly and each offers an opportunity to expand your own horizons and sense of spirituality in the days between Sunday services. And I can’t end this list without talking about music: choir, jazz group, rock band. Need I say more?

We are growing in membership and program offerings. You can see that there are more activities offered than you can fit into your schedule. Part of me views this with frustration; I want to be able to participate in so many of the activities we offer. But really, isn’t it exciting that we are able to offer so much? When our program offerings are published, you will want to get out your calendars and sharpen your pencils to take advantage of as many opportunities as you can. UUS awaits you!

Bonnie Lepoff  
blepoff@cox.net

## Workshop Opportunity

Linda Weaver

Sally Patton's Involve training is being held at the Unitarian Universalist Church of Silver Spring, MD on Saturday, Nov. 21 from 11am to 5pm. Sally Patton, Ed. M. Dev. Psychology, has advocated and worked for children with special needs for over 35 years. She now offers this workshop to increase sensitivity to the needs of children with special challenges, help congregations include these children and their families in the life of their churches, and provide specific strategies for teaching and ministering to children with special needs. UUS would like to send several people and is prepared to provide substantial funding to cover fees. To register or to find out more contact Linda Weaver at:

re-director@uusterling.org.

## Town Hall Meeting on “Reaching for Health Care Reform”

Nancy Ferris

Sunday, September 20

4 - 6 p.m.

River Road Unitarian Universalist Congregation

6301 River Road  
Bethesda, Maryland 20817

Plan to attend this informative program sponsored by Montgomery Health Care Action (MCHA), a pro-reform organization, and co-sponsored by the UU Legislative Ministry of Maryland plus other organizations. MCHA plans to bring together many interested citizens for a public discussion with well-known experts. If you have questions, please contact: [healthcare@uulmmd.org](mailto:healthcare@uulmmd.org) – OR - mhca at [www.rruuc.org/healthcare](http://www.rruuc.org/healthcare) – OR – Virginia at [<vmr9202@comcast.net>](mailto:<vmr9202@comcast.net>)

# Sunday Morning for Children and Youth

Linda Weaver

The Unitarian Universalists of Sterling have an amazing set of adults to provide Sunday morning programs for children and youth. They are looking forward to an exciting year for all ages beginning on September 20.

## Nursery

The nursery is available from 10:20 until 11:45 every Sunday morning for children 5 and younger. Nursery providers, Amy and Ian, create a safe and nurturing environment in which our youngest get to know each other and are introduced to UUS. Preschoolers will be invited to participate in a short circle time with a story and activity.

## Kindergarten - 8th Grade

This year children in Kindergarten through 8th grade are exploring world religions and cultures. Those in kindergarten through 5th grade will discover a World of New Friends. Each Sunday the class meets, 3 age groupings will rotate through 3 stations with activities designed for various learning styles and interests. The program is based on a UU curriculum enjoyed by many congregations.

Youth in 6th through 8th grade will learn about faith communities in the local area through the acclaimed UU curriculum Neighboring Faiths, which includes visits to houses of worship. A Coming of Age program is also being offered for 7th and 8th graders. Participants will learn more about Unitarian Universalism and themselves, while being supported by the minister, DRE, teachers and mentors.

Social Justice Sundays are scheduled in RE once a month. Children in kindergarten through 8th grade will meet together to put their faith into action. In many cases, friends or members active in social justice will lead or assist in presentations and projects related to initiatives at UUS.

## High School Youth Group

High School Youth meet from noon to 1 three Sundays a month to create their own dynamic group, integrating

worship, leadership, learning, social action, and fellowship. They will design and lead a worship service. Field trips and lock-ins are also planned. Youth are encouraged to attend intergenerational activities, such as worship services and Game Nights. For additional information about intergenerational opportunities watch the newsletter and calendar at [www.uusterling.org](http://www.uusterling.org).

## Intergenerational Services

Intergenerational Services are scheduled once a month. These services are designed to engage school age children, youth, and adults. All ages are encouraged to worship together on these Sundays, however, child care is available.

To find out more about the children's RE program, contact Linda Weaver at [re-director@uusterling.org](mailto:re-director@uusterling.org).

# Show Up!

Linda Weaver

The best way to become a part of the intergenerational community at UUS and to help build this community is to show up! Attending on as many Sunday mornings as possible helps you and your children get to know the friends and members at UUS and helps your family become a part of the vision of UUS and Unitarian Universalism.

The church community is not just for Sunday mornings. Attending special events and small groups will also strengthen your relationships within the church and help your family grow together and individually.

Most importantly, if you are not here we miss you !



## Children's Religious Exploration Schedule

	Preschool Circle	Kindergarten - 5 <sup>th</sup> Grade	Middle School
Sept. 7	Summer Session – Free Play	Summer Session - What Can I Do?	Summer Session - What Can I Do?
Sept. 13	Water	Attend Intergenerational Service	Attend Intergenerational Service
Sept. 20	Me	Introduction	Covenant & Community Building
Sept. 27	Friends	Judaism – Rosh Hashanah	Unitarian Universalism & Community Building
Oct. 4	Animals	Attend Intergenerational Service	Attend Intergenerational Service
Oct. 11	Leaves	Judaism – Sukkot	Unitarian Universalism & Worship
Oct. 18	Trees	RE Social Justice Sunday	RE Social Justice Sunday
Oct. 25	Monsters Can be Nice	Judaism – Passover	Unitarian Universalism & Worship

## What's a Webinar?

Rev. Anya Sammler-Michael

The Joseph Priestly District of the Unitarian Universalist Association is offering FREE online courses for congregation members! I will be posting the notices in our newsletter monthly. This is a wonderful opportunity to learn with other UU's from across our district.

Upcoming Webinar:

Choosing Wisely: A Biomimetic Approach to Nurturing Growth in Congregations

Life is change. Growth is optional. Choose wisely. By Karen Kaiser Clark

Session One - October 6, 2009

Session Two - October 13, 2009

Session Three - October 20, 2009

Session Four - October 27, 2009

This free web-based training series is designed for lay leaders within Unitarian Universalist congregations. Biomimetics refers to the process of taking ideas from nature and applying them to other fields such as organizational structures and leadership processes. This seminar series will use the model of plants to highlight the critical components of leadership in sustaining significant and lasting growth in congregations.

Sessions will be held from 7pm to 8:30pm. Pre-registration is required and registration is limited to 25 participants. Relevant materials will be emailed to participants prior to the scheduled session. It is strongly encouraged that interested applicants register for all four sessions. Those participating in the entire series will receive Certificates of Completion from their District Executive.

Deadline for registration is Tuesday, September 22, 2009. Questions? Contact Mark at 610-639-3389 or mark@jpd.uaa.org.

Volunteer Management Webinar, August 27, 2009 - 7:30pm to 9:30pm

Volunteers form the core of congregations so that they may carry out their mission. Successful congregations have learned how to harness the power of the volunteer pool within their midst.

## UUS Craft Night

Michelle James

Crafters of all ages and varieties gather at UUS the first Thursday of each month. The next craft night is Thursday, September 3rd, from 6:30 - 7:30 PM at the church. Bring your own craft and join us for conversation and to admire and assist with each others crafts. Kids are welcome but child care is not provided. This is a drop-in group with no agenda, so feel free to come late or leave early as your schedule requires. Knitting assistance will be available. Contact Michelle James (703-327-0958 mnpjames@verizon.net) with questions.



This web seminar will share tools, forms and techniques for improving volunteer recruitment, training and supervision. It is a workshop for leaders working with volunteers. Tools and techniques and modern information on working with volunteers will be presented through an interactive slide show, downloads, and dialogue.

To register go to: <http://www.persony.uua.org/>

Anxiety and Leadership Webinar, September 1, 2009 - 7:30pm to 9:30pm

Anxiety is prevalent within our society. It is a normal part of being alive. However, too much anxiety in a congregation can paralyze leadership. Leadership is the critical factor in how a congregation navigates the various forces that affect every day. And critical to leadership is how that leadership functions. What are the ways that an individual can function more effectively? What needs to be done for the leader to lead in a way that maintains the relationship of the congregation? What is anxiety and how does it affect congregations? This webinar will explore emotional systems and how to manage anxious times as a leader.

To register go to: <http://www.persony.uua.org/>

## Save the Date - UUCF Adult Retreat

Mary Matheny

The members of the Unitarian Universalist Congregation of Fairfax invite you to join us at our fall Adult Retreat, to be held October 2-3 at Claymont Court near Charles Town, West Virginia. This year's theme, Connections, offers an opportunity to get to know UUs' in other nearby congregations. The weekend will include workshops on a variety of topics, delicious food, and time to relax in a beautiful setting.

For more information or a registration form, contact Mary Matheny (703-620-3944): Email: [mmatheny@verizon.net](mailto:mmatheny@verizon.net) in your congregation or Judy Gallimore (703-532-4005; Email: [judykg@creek-walker.com](mailto:judykg@creek-walker.com)), the Chair of this year's retreat.

(List of workshops to be offered will be coming soon)

*(Board Meeting Minutes, Continued from page 6)*

Action Items:

- 1) Execute staff contracts (Dave)
- 2) Determine how staff evaluations will be conducted (Personnel committee when formed)
- 3) Issue Board contact list to the Board (Joan/Bonnie)
- 4) Retain 2nd child caregiver (Ken)
- 5) Update the Floor Plan for new space (Dave)
- 6) Complete Social Action vision/outline in Sept. (Bonnie/Cat)
- 7) Identify volunteers for website maintenance (All)
- 8) Organize painting weekend for RE space (Ken)
- 9) Approach Nancy about next year's auction (Belinda)
- 10) Issue committee chair list to Board (Joan)
- 11) Update website with ministries, committee chairs and liaisons (?)

## UU Ballroom!

Rev. Anya Sammler-Michael

For more info please contact:

Trish Harris

trishweaves@comcast.net

703-779-1733

This is not a UUSterling-sponsored event – but many in our congregations have expressed interest in Ballroom Dancing ... so maybe we could collect a group and go ...

Learn some new dance steps or brush up your skills! Let's get together and attend the Social Dance at Ida Lee Recreation Center in Leesburg. Jason Conrad, a Certified Ballroom dance instructor will start the evening with two dance lessons. After that, there will be plenty of time to practice what you have learned. Jason often finishes the evening with some high spirited line dancing! This is lots of fun and good exercise. This dance is for adults and young adults. Partners are not necessary. Wear comfortable clothing and closed shoes. Invite your friends. Refreshments will be provided.

Date: Friday, October 9, 2009

Time: 7:00pm-10:00pm

Price: \$10 per person pre- registration at [www.leesburgva.gov](http://www.leesburgva.gov) or call 703-777-1368 / \$15 at the door.

## Sunday Treats

Terry Dick

We all enjoy coffee and a bite to eat after our Sunday morning service. If you would like to help provide treats, see this list. Please bring treats that are not crumbly and do not require utensils.

If your last name starts with..... Your months are.....

A - C	Sept. & March
D - G	Oct. & April
H - Ma	Nov. & May
Mc - P	Dec. & June
R - S	Jan. & July
T - Z	Feb. & Aug

## General Assembly Comes Home!

Rev. Anya Sammler-Michael

Each year Unitarian Universalists from around the globe gather for 5 days to worship, learn, and celebrate our Unitarian Universalist heritage and faith. Not all UU's can attend. (If they did we would need to rent a whole city!) But all can reap the benefits in at least two ways:

1. Online Event Coverage (Video) including worship services, lectures, classes and more can be found at: <http://www.uua.org/events/generalassembly/2009/144075.shtml>

2. Disc's and DVD's of some of the best material are available through Rev. Anya (minister@uusterling.org / 703.406-3068). Materials include:

- The Ware Lecture "Faith and Reason: Race, Justice and American Political Life.
- Small Congregations I: The Joys and Challenges of Being Small.
- Small Congregation's II: Leadership (Vs. Management) for Vitality.
- Using Web Technology to Market our Faith. 5. Principles in Mind, Fork in Hand: Ethical Eating.
- Small Congregations III: Helping your Small Congregation Respond to Change.
- A Theology of International Engagement.
- 2008 Melcher Book Award: Beyond Tolerance by Gustav Neibur.
- It Happened the Way it Had to Happen, The Black Empowerment Controversy in the UUA by Mark Morrison-Reed.
- Fostering our Children's Spirituality.
- Closing America's Food Gap: Sustainable Food.

Maybe you, your small group, or your committee would like to use one of these materials. Just ask!

## Social Justice Empowerment Cluster Workshop

Rev. Anya Sammler-Michael

November 14, 2009

Thomas Paine Unitarian Universalist Fellowship / 3424 Ridge Pike Collegeville, PA 19426

Need help launching or strengthening your congregation's social justice program? The UUA is offering a one day training on effective social justice programs that are working in other congregations, how to develop action groups, the role of a coordinating council or social justice committee, involving congregation members in the programs, funding justice programs, choosing issues to work on, using UU social justice resources and programs, and how to evaluate your social justice program.

There will be experienced and effective leaders, small group dialogue, time to share in large group, presentations, worship, food, music, printed materials, a post-workshop organizing strategy, and formats that work.

Cluster workshops are now available and held for teams from congregations (2 or more people) and cost \$200 per team (up to 4 people). For teams of 5 or more the rate is \$200 for the first four and add \$25 per person for each additional person. Handbooks are provided by the UUA.

We need at least 4 congregations (excluding the hosting congregation) for this workshop to occur, so please respond as soon as possible.

For more information please contact Dorothy Tarka at [dtarka@verizon.net](mailto:dtarka@verizon.net).



# UUS Board of Trustees

Joan Johnson

## Meeting Minutes August 5, 2009

### Present:

President: Bonnie Lepoff

Vice President: Cathy Tucker

Secretary: Joan Johnson

At-Large: Belinda Bullock, Dorine Scher

At-Large: Ken Ward

Director of Religious Exploration: Linda Weaver

Former President: Dave Miller

Youth Member: Julia Burns

### Absent:

Minister: Rev. Anya Sammler-Michael

Treasurer: Paul Roche

At-Large: Linda Reeder

Review of Board reports: Membership Committee asked if Board Host and the Worship Associate would take a headcount and handle the collection starting in September rather than Ushers/Hospitality. The Board accepted the proposed change.

Note Cards from the Board: Completed cards for Paul Roche, Joe Corbo, E.B. Kirkbride, Linda Reeder, Sue Miller.

Treasurer's Report: tabled until Sept. meeting.

### Old Business:

Rev Anya Schedule: Rev Anya returns to town the week of 8/10.

Staff Contracts: Contracts need to be signed.

Staff Evaluations: The Board needs to establish process for staff evaluations (except for Rev. Anya.)

Board Contact List: A contact list will be issued for use only by the Board.

New nursery care provider: Ian Reeder has been selected and is available whenever needed. Ken is seeking an additional provider to start in Sept.

New Space: Dave reported that lease negotiations for the new space are suspended while the landlord determines whether the county will require an amended Site Plan. The Floor Plan needs to be updated. Dave will send it to

the Board. The Board discussed feasibility of having a kitchen/food area closer to an entrance.

JPD Grant: No update at this time. Youth Advisor training funds are available and Linda will monitor opportunities.

Social Justice Town Hall. The first of two planning sessions was held July 12 and had very good turnout, 17 people, and strong input. Bonnie will submit notes after the second session is held on August 16. The plan is to have a social justice outline for the year completed in Sept.

Strategic Plan presentations. The first of two sessions was held July 19 with review of the action plan. The next session is 8/23 and will include the current spend plan for the next 3 years in specifics.

JPD Fall Workshops: Internet Tech Summit 9/26 at Cedar Lane, Anti-Racism conference 10/17 at Annapolis. Sign up for the 9/26 seminar is via the internet and there is no limit on attendees. RE Workshop by Sally Patton occurs in Sept. OWL workshop on sexuality for 10 -12 grade will be in Sept. UUS does not need this workshop this year but will next year.

Website Maintenance: Bios are needed for Ken, Dorine and Julia for the website. We need volunteers for handling the website. The Board is encouraged to identify potential volunteers. Bonnie is currently updating the "What's New" block. We will ask if Lori can assist with this.

### New Business:

Based on a recommendation from the JPD Webinar 'Board Leadership', Bonnie suggested we all read Congregational Leadership in Anxious Times; Linda W. volunteered to check the price and place one order for all of us.

Linda W asked if she could approach the landlord about using the outside space during RE. The Board approved.

Board Retreat: The Board reviewed the ministry assignments and discussed role and responsibility of the Board Liaison. The Liaison helps the committees of the ministry achieve strategic plan goals. The ministries and liaisons will be listed

in the Directory. The website will be updated with the ministries and liaisons.

UUS has a twitter site thanks to Tammi Marcouli.

RE paint and fix up: Linda W did not receive a good response to an announcement request for a day of painting and asked the Board to assist with arranging volunteers. It will take 2 days, one for prep and the second for painting. Linda will see if the tenant church will assist. Ken will send a message from the Board on UUS-Announce.

Supply List: The board will remind Al Swett to check the fridge list.

Perpetual Calendar: The Board reviewed the perpetual calendar. The Auction Committee needs to convene. Belinda will ask Nancy M if she can lead. A notice will be sent to UUS-Announce to remind everyone to save items for auction.

RE Volunteer training is 9/5.

Joan will send the Committee Chair list to Board.

Our sublease with our tenants expires in Dec. Negotiations should start in Nov. Dates that we reserve for UUS use are identified in the sublease (e.g., the auction date is in the sublease.)

Officer Installation is 9/27.

Small Group Sunday – date TBD

Auction – Nov 7

Stewardship dates: Mar 13, dinner kickoff

All Church Retreat at Reston: possible dates are Sept 26 and Oct. 17 and 24

The Board agreed that we will announce after service that the Board Host is available to discuss the service during Fellowship as outreach to visitors.

### Board Host Schedule:

Aug 16 – Dorine

Aug 23 – Ken

Aug 30 – Cathy

Sept 6 - Belinda

Next board meeting readings and snacks: Joan Johnson

*(Continued on page 4)*

## September 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b>	<b>2</b>	<b>3</b> 6 Craft Night	<b>4</b> 6:30 UUS Band Practice 7:30 Families Anonymous	<b>5</b> 9 RE Volunteer Orientation 5 AAFCJ
<b>6</b> 10:30 RE Sunday Worship Service 3:30 AAFCJ	<b>7</b>	<b>8</b>	<b>9</b> 7 Wine & Cheese	<b>10</b> 7:30 Choir	<b>11</b> 7:30 Families Anonymous	<b>12</b> 6 AAFCJ
<b>13</b> 10:30 RE Sunday Worship 12 Youth Group Planning 3:30 AAFCJ	<b>14</b> 7 Committee on Ministry	<b>15</b>	<b>16</b> 7 Lifespan Faith Development	<b>17</b> 7:30 Choir	<b>18</b> 7:30 Families Anonymous	<b>19</b> 10 Living by Heart 5 AAFCJ
<b>20</b> 10:30 RE Sunday Worship 12 Green Sanctuary Meeting 3:30 AAFCJ 5 Covenant Group Facilitators Meeting	<b>21</b> 7 Book Club for UUS	<b>22</b>	<b>23</b>	<b>24</b> 7:30 Choir	<b>25</b> 7:30 Families Anonymous	<b>26</b> 8:30 JPD Tech Summit 5 AAFCJ
<b>27</b> 10:30 RE Sunday Worship 3:30 AAFCJ	<b>28</b>	<b>29</b> 6 Old Sterling Gable HOA	<b>30</b>			



## Unitarian Universalists of Sterling

PO Box 1632  
Sterling, VA 20167  
(703) 406-3068  
<http://uusterling.org>

22135 Davis Drive  
Suite 104  
Sterling, VA 20164

Office hours are:  
Monday, Wednesday, & Thursday  
10:00 AM—4:30 PM



### ***Your Church Leadership***

**Minister:** Rev. Anya Sammler-Michael

**Director of Religious Exploration:** Linda Weaver; **Music Director:** Kristina Adams

**2009-2010 Board of Trustees:** *President* - Bonnie Lepoff; *Vice President* - Cathy Tucker; *Secretary* - Joan Johnson;  
*Treasurer* - Paul Roche; *At-large* - Dorine Scher, Ken Ward, Linda Reeder, Belinda Bullock; *Youth Member* - Julia Burns

### ***UUS Mission Covenant Statement***

The Unitarian Universalists of Sterling offer a place where reason and spirituality converge. We welcome members of the community who are seeking such a religious home.

Our mission is to make the community a better place to live by promoting a variety of religious expressions, working toward social justice, and fostering diversity. In order to carry out this mission, we covenant to listen to each other, encourage the exchange of creative thought, and respect our differences.

### ***UUS Sunday Services 10:30 AM***

**Unitarian Universalists of Sterling** meets at the Sterling Oaks Commerce Center Sterling, a handicapped-accessible 24-7 facility, located on 22135 Davis Drive near Route 28 and Church Road in Sterling, Virginia. Child care and children's religious education are both provided during worship services. Dress is casual. Children are encouraged to wear play clothes.

From Northbound Route 28: Take Route 28 North exit from the Dulles Toll Road. Turn right at Church Road. Turn right on Davis Drive. Go about one block and turn right into the parking lot.

From Southbound Route 28: Take Route 28 south from Route 7. Head east on Church Road. Turn right on Davis Drive. Go about one block and turn right into the parking lot.

From Westbound Route 7: Turn left at Sterling Boulevard. Turn right at Church Road. Go three miles. Turn left on Davis Drive. Go about one block and turn right into the parking lot.

### ***What's with UUS***

**Communications Committee Chair:** Susan Miller

**Editor:** Bob Brown

**Media Relations:** Terry Dick

**Production:** Jeff Chandler, Susan Miller

**Board Liaison:** Bonnie Lepoff

To submit material for publication, send by email to [newsletter@uusterling.org](mailto:newsletter@uusterling.org)

#### **Submission Deadlines**

9/18 for October

10/16 for November

11/20 for December

12/18 for January